

Resident Takes Nuclear War Concerns To The President

Index

By Catherine Walthers
Richfield rd. resident Edith Allen has taken her concerns about nuclear war right to the top.
Last spring, she organized an open letter to President Reagan signed by more than 250 Arlington residents.

The ad, published in the April 19th Advocate and later sent to the president along with a cover letter written by Allen, recently received a response from the Asst. Secretary for Public Affairs at the Department of State. A mother of two children ages 5 1/2

and 23 months, Allen says she wanted a project she could do at home to be with her kids while making some contribution to the anti-nuclear arms movement.
So in March she began to get signatures for the letter she had

drafted with some help from WAND (Women's Action for Nuclear Disarmament).
"I did it primarily because I wanted other people in Arlington to see how many people in the community are concerned about the nuclear

issue. I wanted to send a message to Reagan too," explains Allen.
In her letter to Reagan, Allen said the signers were concerned that the current national policy was directed more toward "fighting" and "winning" rather than preventing a nuclear

war. The letter asked Reagan to reconsider his present policy and reconsider his plans to modernize its arsenal with 17,000 new nuclear weapons.
(Nuclear - Page 23)

Council On Aging . . . 9
Obituaries . . . 25
People . . . 21
Social . . . 6
Sports . . . 15-19

The Arlington Advocate

VOL. 112, NO. 30

Thur

July 19, 1984

The Community Newspaper Since 1872

26 pages, 20-page Calendar Section

50 cents

51 Towns To Fight Proposed MDC Hikes

By Anne Marie Reidy
Water and sewer service is going to cost a lot more for Arlington in the next 10 years — up to three and four times what it costs now — unless 51 communities served by the Metropolitan District Commission (MDC) insist, as a group, that changes be made in the proposal for a new Water Resources Authority.

That's the conclusion reached at a meeting of the MDC Sewer Study Task Force with representatives of the 51 communities served by the MDC held last week in Town Hall.

Task force members reviewed the state's proposal for a new authority to take over water and sewer services to the communities, and projected user fees based on the costs of that proposal over the next 15 years.

Those figures showed sewer charges increasing 16 percent by 1986, 35 percent by 1988, and more than doubling by 1994. Because the sewer system rehabilitation is being done under federal court order, the fee increases are not bound by the limitations of Proposition 2 1/2, which holds tax and levy increases to 2 1/2 percent beyond the current year.

Concerned, the community representatives agreed to have a nine-member steering committee work out a unified position for the members to ratify on Aug. 15, and present to the state legislature, on the financing and management of the new authority.

"It's not a question of whether an independent authority will be created," observed Rep. John Cusack of Arlington, the House chairman of the committee that oversees the MDC. "It's whether we will work on how it's put together, or it'll be done by the Governor and the judge."

But getting 51 communities to agree on anything may not be easy. One of the communities is Quincy, which brought the initial suit that prompted the court order for the changes; another is Boston, the biggest single billpayer in the system. Almost every community has slightly different interests — but all of them are wary of the cost of this proposal.

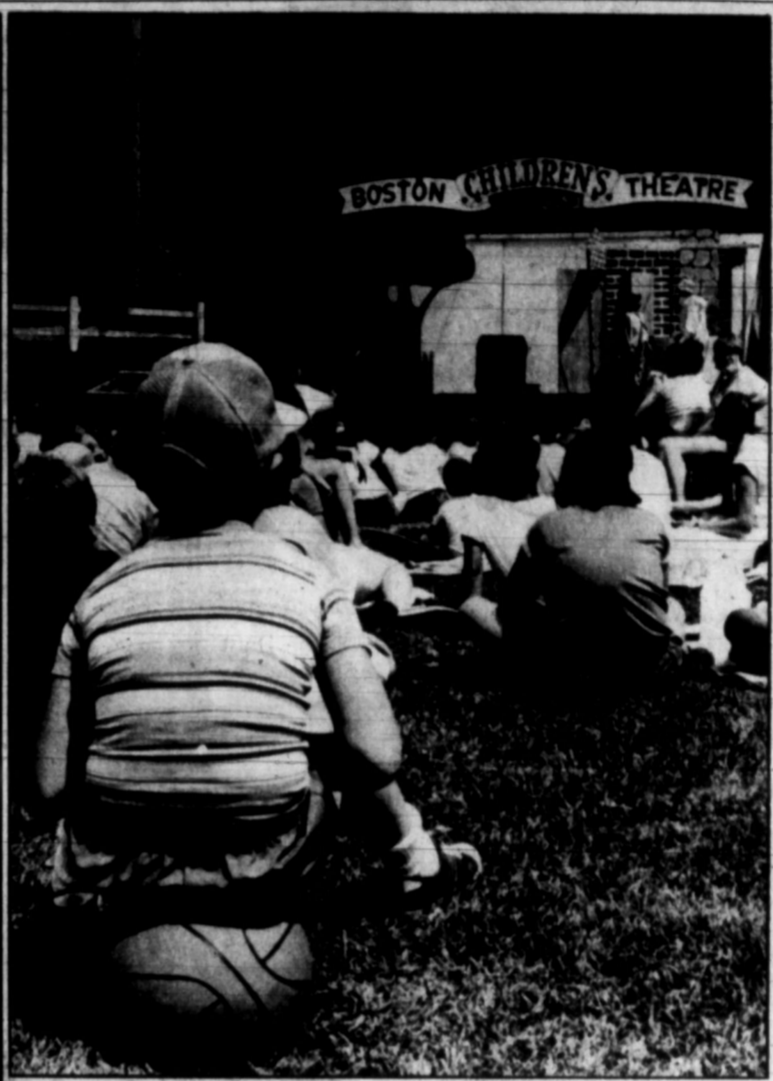
"It's very important that we speak with one voice over the next month, while the legislature is deciding who will pay for this mammoth undertaking," urged Selectman Charles Lyons, chairman of the task force.

"This new authority will serve 2 1/2 million people, 40 percent of the population of the state; I think we have the strength to stand up against the highest user fees in the history of the commonwealth," Lyons said.

"About half the legislators come from the MDC communities," agreed James Segal, executive director of the Mass. Municipal Assn. "If you present a united front, you have a chance of influencing the legislation; but if you can't reach a consensus among yourselves, you won't."

Because of the federal court-ordered clean up of Boston Harbor and refurbishing of the sewer system, some increase in water and sewer fees is inevitable, task force members agreed.

Just how high those fees will go is (MDC - Page 23)



Huffing & Puffing

Stagemobile Blows The House Down

THEATRE — Friday afternoon, Anita Kemery (left), of Finely st., and her daughter Elizabeth, 3, watch the Three Little Pigs as performed by the Boston Children's Theatre at the Summer st. lawn. Right - the Red Fox, Cynthia Bradley, and the Bad Wolf, Orlando Jones, ham it up.



AHS '84 Grad Killed On Rt. 2

By Anne Marie Reidy
Hundreds turned out for the funeral of an 18-year-old Arlington native who was killed last Wednesday in a brutal accident on Route 2.

David Kanelos was killed when a truck went out of control and plowed into the back of his car, parked in the breakdown lane of Route 2 west-bound, near the exit for Route 128 in Lexington.

An unloaded flatbed lumber truck driven by a Tewksbury man, George Brady, went out of control about 4:30 p.m. It shot across one lane of traffic, into the breakdown lane, and crushed Kanelos' 1973 Oldsmobile Cutlass, according to State Trooper Norman Zuk.

The Lexington Fire Dept. cut Kanelos out of car with the "jaws of life" metalcutting tool, and worked on Kanelos at the scene and on the way to the Lahey Clinic. There, he was pronounced dead on arrival, of multiple trauma, according to spokesman Ralph Fuller.

Crowds of friends, family members, fellow workers and former employers turned out for Kanelos' wake and funeral, according to his father, Arlington police officer Michael Kanelos.

"The wake, the kids coming in with tears streaming down their faces — that made my heart break more," he said. "His mother's heart is broken; his stepfather, Frank, was crying too; he loved him like he was his own."

His mother, Beverly Frankelton of Cambridge, told The Advocate the outpouring of expressions of concern from those close to the family and people she never knew her son had met has touched the whole family.

"We've had mass cards pouring in, and we had flowers everywhere," she said quietly. "David was deeply loved."

Family and friends described Kanelos as warm, outgoing, full of fun, with a zest for life. They remembered his love of cars, animals, flowers and classical music.

"He loved people, and he loved people liking him," said a friend.

One family friend estimated the crowd at Saturday's funeral at St. Agnes' as several hundred people. The funeral home was just as crowded, she said.

"David gave a lot of himself, and in his last days, everyone gave a lot

Family and friends described Kanelos as warm, outgoing, full of fun, with a zest for life.



David Kanelos

to him, showing up at the wake and funeral," agreed Mauria Preston, Kanelos' father's fiancée.

"His teachers were there, his counselors, the people he'd worked for," she added. "He touched all of us."

David Kanelos was an alumnus of the Thompson School and Junior High East, and a 1984 graduate of Arlington High School.

He had just turned 18 on June 20, and was working for Cambridge Brake as a mechanic — one of his great loves in life, according to both

(Kanelos - Page 23)

Special Permit For Gibbs Tenant Rejected

By Catherine Walthers
The Redevelopment Board quashed School Committee hopes of leasing, Gibbs Junior High School at night to Newbury Junior College when members turned down a special permit request on Monday night.

Redevelopment Board members, in a 2-2 vote, were divided themselves.

Two board members, Joseph Tulimieri and Philip McCarthy, believed the junior college's proposal for a nighttime satellite campus has insufficient parking and traffic plans to accommodate up to 200 estimated students.

All but one of the 43 neighbors

around the East Arlington school who attended the special hearing opposed opening this campus and brought up their worries about parking on the streets and neighborhood congestion, the safety of young children, and additional noise.

On the other hand, the School Dept., represented by Chairman Stephen Conroy and Asst. Supt. John Britt, tried to describe the benefits of joint occupancy to the schools. They were backed up by Edward Tsoi and Doris Cremens of the Redevelopment Board who felt that schools across the state have been making an effort to lease extra space in schools to keep the buildings open.

The plan outlined by Newbury Junior College was to open an external college, renting six classrooms at Gibbs on two nights of the week and on Saturday. The college, with nine external sites elsewhere in the state, would be offering a number of two-year, career-orientated program in fields such as office technology, business administration, computer science, travel and tourism.

According to Dr. Kay Haverkamp, director of continuing education at Newbury, the school would expect about 80 students this fall and up to 200 as their program continued in future years. Haverkamp estimated that for every 100 students, about 50

to 60 parking spaces would be needed.

Most of the Redevelopment Board meeting centered on the parking and traffic issue, and several plans were suggested for enlarging the parking at the school. Paul Lamoureux, acting principal at Gibbs, said the school now has between 50 to 60 school staff.

Neighbors said they already had parking problems at the school when people going to the bi-weekly Jazzercise classes park in their neighborhood.

Several residents, mentioning the number of young children who play on the street, felt students (especially

ones late for class) would be rushing down Foster st. to get to classes.

Another resident felt there was a lot of talk on parking, but no comments on the noise, safety, air pollution, and lights in the school yard, that would result. "What about the young children to have to go to bed early?" the resident asked.

The Gardner st. resident who said she would be interested in taking classes at the Gibbs and who talked about the benefit to the town, was told she didn't have to worry about the impact because she did not live around the school.

Alan McClennen, director of Planning and Community Development,

said the school has the option of enlarging the parking lot to accommodate up to 100 parking spaces.

McClennen also suggested that if the board decided to approve the permit, it could do so with certain conditions.

In order for the permit to be passed, the Redevelopment Board would have had to have at least four members approve.

McCarthy said he was sympathetic with the needs of the school department and in favor of joint occupancy, but he was not satisfied that this proposal would not adversely af-

(Gibbs - Page 23)

Town Picnic At Menotomy Rocks Park

Fan ily Day To Feature Prizes, Games, Music, And More

Tickets are still available for Arlington's second annual family picnic to be held next Wednesday, Aug. 1, from 3 to 8 p.m. at Menotomy Rocks Park, off Jason st.

The event, sponsored by the Chamber of Commerce, last year attracted hundreds of residents and guests. The day will feature a variety of events including live music and dancing, traditional cookout fare, contests and prizes, singalongs, clowns, balloons and much more.

According to chairman Richard Murray, tickets for the family picnic are available at Regent Cleaners, Browne Drug, Menotomy Pharmacy,

the Council on Aging, Arlington Optical and ENE Type.

In addition, a special, free shuttle bus will pick up senior and handicapped citizens beginning at 3 p.m. A schedule appears in a full-page ad in today's Advocate.

Prizes for Seniors, Children
The afternoon will kick off at 3 p.m. when hot dogs, hamburgers and soft drinks will be available. Tickets, at \$2 for adults and \$1 for seniors and children, include a free hot dog.

Then "Right Turn Only," a six-piece Boston band, will begin their program of live music including Broadway and pop tunes, jazz,

classical and rock, as well as oldies.

Along with the free band music, a special exhibition of breakdancing will be featured at 3:30 p.m.

At 3:45 p.m., the Chamber will announce the first winners of the "Arlington's Best Grandparents" Awards. Residents still have time to nominate any Arlington grandmother and/or grandfather with a brief explanation as to why that individual is an excellent choice. A \$50 cash prize will be made in each category. Nominations can be a paragraph long and should be dropped off by Tuesday to Regent Cleaners with the nominees names and addresses.

Also at 3:45 p.m., local parents are encouraged to bring their children to the Family Picnic, as "Arlington's Best Baby" will be chosen by a panel of judges. Contestants must be under 3 years old.

Throughout the afternoon, Chamber officials plan a program of enjoyment for those of all ages. A clown will join the crowd for festivities, and water balloon throws, three-legged races, sack competitions and other events will be held at Menotomy Rocks Park.

Softball Competition
At 6 p.m., a highlight of the family picnic will begin with a challenge

softball game in which members of the Special Olympics Committee, which helped organize the Middlesex area games in Arlington last May, will be met by Chamber members.

"Captain" Bill Granman of the "Olympians" has challenged "Captain" Leonard Talkov of the Chamber of Commerce to the game which will be played for seven innings.

Merchants Prizes
Another special feature this year is a series of prizes which have been donated for the Family Picnic.

This year, one special prize will be (Picnic - Page 23)



The Arlington Advocate Library Activities

August Films For Children

During the summer, the main Robbins Library shows films for children every Tuesday at 10:30 a.m. The schedule for August is as follows:

Aug. 7: "Snowman" and "Myra."
Aug. 14: "Mole as Alchemist," "Little Big Top," and "Curious George goes to the Hospital."
Aug. 21: "Angus, Lost," "Ira Sleeps Over," and "Stardust."
Aug. 28: "Lollipop Opera," "Tomcat's Meow," and "One Monday Morning."

All shows are free and open to the public. The movies are shown in the Art and Music Dept.

Shoppers Welcome At Kids' Craft Fair

Everyone is invited to do a little shopping at the fifth annual Kids' Craft Fair to be held Thursday, Aug. 2, from 10 to 11:30 a.m. in the parking lot of the Robbins Library.

Children in grades 1-8 will be selling arts and crafts they made themselves, as well as cookies, brownies, and other baked goods.

In addition, the Recreation Dept. will be selling helium balloons, so there will be plenty to interest everyone. In case of rain, the fair will be moved inside the library.

Kids Can Still Join Reading Club

Children have until Aug. 17 to join the library summer reading club, Reading Marathon.

To join, a child must read two library books at his reading level and take them back to any one of the three Arlington libraries: Robbins, Dallin, or Fox. Then each child receives a chart on which he records the books he reads. Any participant who finishes 15 books by the end of the summer can choose a free paperback book from the RIF (Reading is Fundamental) collection.

In addition, all club members are invited to a final party on Tuesday, Aug. 28, at the Town Hall. Dan Grady will entertain with music, marionettes, juggling, and magic. After the show, all club members will go back to the library where they can choose another RIF book.

Phone Renewals To End Aug. 1

Beginning Aug. 1, the Robbins Library will no longer accept telephone renewals on materials borrowed from the adult library. Patrons desiring additional time with borrowed materials may renew them by bringing them in person to the main library. This change covers all materials normally returned to the

adult circulation desk.

The new policy does not apply to materials borrowed from the branches or Junior library. These materials may still be renewed by phone. Questions may be directed to the circulation department at Robbins Library.

Fox Library To Show Movie

The movie "The Private Life of Henry VIII" will be shown free at 2:30 and 7:30 p.m. at the Fox Branch Library this Friday.

Charles Laughton's portrayal of the many-times-married King Henry VIII shows the rowdy, humorous and sad sides of the man.

This was one of the first British films to receive international acclaim, and Laughton's performance earned him the Academy Award for best Actor in 1933.

Laughton is assisted by his wife, Elsa Lanchester, Merle Oberon, Binnie Barnes and Wendy Barrie.

Permits Are Issued By Building Insp.

There were 18 building permits issued for the week ending July 13:

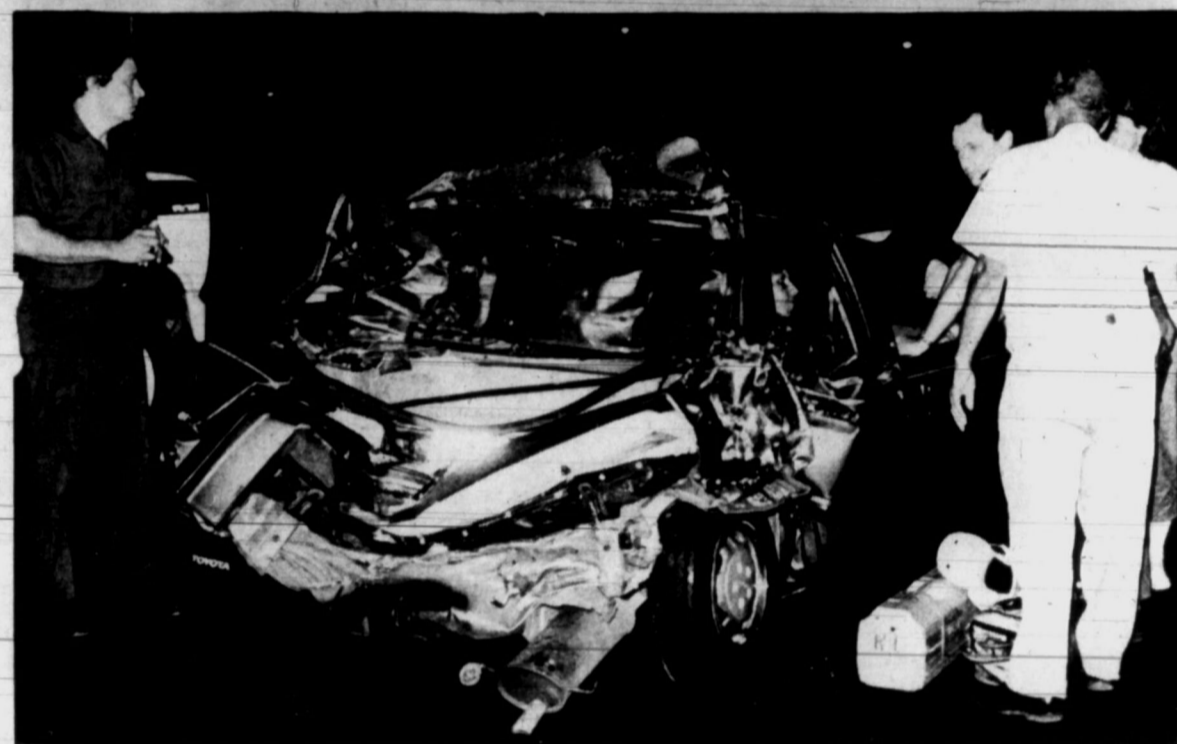
M. Sunduck, 38 Bartlett ave., alter dwelling; M. Sullivan, 83 Stowcroft rd., add dwelling; J. Doherty, 68 Brantwood rd., repair dwelling; A. Reddington, 152 Appleton st., roofing; and P. Jackson, 232 Highland ave., above ground pool.

Also, J. Bianco, 179 Hillside ave., demolish garage; G. Berberian, 209 Broadway, repair dwelling; R. Cameron, 50 Summit st., vinyl siding; R. London, 122 Lake st., alter dwelling; S. Caruso, 47 Amsden st., roofing; K/C Realty Trust, 75 Park ave., sign; A. Messuri, 172-4 Franklin st., replace garage; L. Krodell, 84 Overlook rd., solar panels; M. Peters, 60 Thorndike st., roofing; Mrs. Arno, 295 Appleton st., vinyl siding; P. Hilpert, 5 Parrallel ave., add dwelling; and H. Davidson, 82 Beacon st., roofing.

Bang Up



TWO-CAR ACCIDENT — Four people were injured, but all have been released from Symmes Hospital since this accident occurred Saturday morning. According to police the van was traveling west at a high rate of speed on the Concord Turnpike off Route 2 about 4 a.m. The van hit the sidewalk curb, struck a fire hydrant and a car, flipped in the air and finally came to rest on its roof. The driver was arrested for drunk driving, speeding and driving to endanger. The operator of the second car told police she was starting to pull out from the side of the road, when the van came out of nowhere and struck her car. (Photos by John Pawlick)



ANSWER TO TODAY'S PUZZLE

MATA BLOC GASPAR ADES
ADIT RAGA ACCUSE TENT
SOMETHING HAPPY RATE
CREASE LID ECK CLARE
ANOSE OVER ESPALIER
RENE OTTO AVA ORD LAR
ARM ALWS AGER LAD STR
VENDI ARTIE TTE
CHISEL LOIN STUD ASM
HUN RAGTIME VIOLIN VIE
ADD CHAN CASTE ABEAM
PES PITT HONK TITIAN
ANT DOWDY TLANG
BAD ROL APPA EML OCT
ESE LUM BOO EPEE SORA
APPEASER VEDO BADEN
NELLY ASS LIN FANTAN
LIED MYTIMEISYOURTIME
ESTIE DYTIER OMAN EWER
SEER SPREEN NSTD EERY

Human Rights Bd. Seeks Members

The Human Rights Committee of Mystic Valley Mental Health Assn. would like to expand its membership, and invites volunteers to participate

in the committee as citizen and consumer advocates. Those interested can call chairperson Norman Goldstein at 641-0970.

In accordance with State Dept. of Mental Health regulations, the Human Rights Committee monitors mental health and mental retardation services and procedures in order to protect the human, civil, and legal rights of clients.

Its major focus has been to

monitor, through regular site visits, MVMH's mental retardation programs, including the Kelliher Workshops and community residences, to insure that certain state licensing requirements are met.

In addition, the Human Rights Committee reviews and approves all research projects that involve direct contact with center clients. It has developed informed consent forms and procedures for the use of videotaping and audio taping of clients; has provided guidelines for access to client records and the maintenance of confidentiality of records; has acted as a mediator for client grievances; and is continuing to look at ways to enhance the quality of life of clients in our programs.

The committee meets approximately 10 times a year.

Trip To Atlantic City Is Offered

Arlington Recreation is sponsoring a three day trip to Atlantic City. The bus excursion is set for Oct. 26-28.

The trip is offered in conjunction with Collette Tours. Accommodations are at the Claridge Hotel and Casino. The tour includes round trip transportation, hotel accommodations, all taxes and service charges and baggage handling. A night club show and one dinner are also planned.

Reservations for the trip will be taken on a first come basis. A deposit must be received no later than Aug. 26. For more information, contact Arlington Recreation, 422 Summer st.

Beat The 3 H's Hazy, Hot & Humid with The 3 B's

Busa's Beer Bonanza

Schaefer Weekender	7.99
Schlitz Suitcase	8.99
Busch Suitcase	8.99
Pabst Suitcase	8.99
Miller Suitcase	9.99
O'Keefe 12 oz. bottles loose	9.99
Michelob Suitcase	10.99
Moosehead	12.99
Beck's Lt. & Dk.	13.99
Heineken 12 oz. loose lt.	13.99
Kronenbourg 12 oz. N.R.	13.99
Grolsch 12 oz. N.R.	14.99
Nordik Wolf Light 12 oz. N.R.	14.99

Also

Bacardi (L) 1.75	11.99
Fleischmann Blend 1.75	11.99
Dewars 1.75	18.99
V.O. 1.75	15.99
Gallo 3 liters	4.99
Folonari 1.5	3.99
M&R Asti Spumante 750	7.99

Sale Ends Tues., July 31
Beer Prices plus deposit — Wine prices net
Not responsible for typo errors
Bring your empties to our redemption center around back

BUSA LIQUORS
131 Mass. Ave., Lexington
861-1776

PRAYER TO THE HOLY SPIRIT

Oh Holy Spirit, thou who art all knowing, who brightens every path that I may reach my idea, thou who givest me this divine gift of forgiving and forgetting wrongs done unto me and who in every instant of my life art with me, I'd like in this short dialogue to affirm my gratitude for all your blessings and reaffirm once again that I never want to part from thee though the illusion of material things abound.

My desire is to be with thee and all my loved ones in perpetual grace. Thank you for your mercy on me and mine. (Person should pray 3 consecutive days without revealing petition. Within three days, grace will be attained regardless of how difficult the petition may be.)

Publish this prayer once grace attained.
Grateful for grace attained.
E.M.O.

Take Home

Some Flowers

Today

g.o. anderson & sons
643-3090 901 mass. ave., arlington

We Carry A Full Line of Fentonware

Special on

Daisies

\$2.00 Bunch of 10

Offer Expires Aug. 1st

Peter's Kitchen

Cordially invites you to come by and enjoy our specials. We have a variety of fish dinners plus lamb or beef shish-ka-bob.

Baked Lamb 5.50 1/2 Broiled Chicken . 3.95
Roast Lamb 5.25 Stuffed Grape Leaves 3.75
2 Eggs Special 99¢

Peter's Kitchen

166 Mass. Ave., Arlington
648-9675, 646-2550

Further Reductions

It's the "net" that counts!
You can't beat our graphite prices.
The finest graphite rackets available
up to 60% off

High Quality Rackets as low as \$19.95

Racket

46 Leonard St.
Belmont
489-0450



Sensational prices on women's bathing suits
1/2 off on men's bathing suits

Shack

BUY RITE FUEL

95¢ per gal. C.O.D.

Cash or Money Order
Price Subject to Change
391-1044



Come in and meet Lisa, our new esthetician at Jason's Hair, Skin & Nails. She joins our staff with a special knowledge in dehydrated skin, special treatments, enzyme and acneic treatments, deep pore cleansing, face massage and hydrating treatments.

1 hour facial reg. \$25.00

with this coupon ONLY \$15.

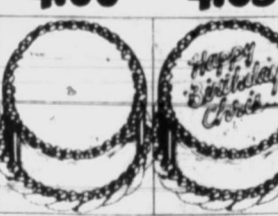
Waxing and Pilothermology
(an effective painless method of hair removal)
are also available.

20% Off
all waxing services with this coupon.

Jason's
hair • skin • nails
1373 Mass. Ave.
Arlington, MA 02174
646-2935

Offer Ends
August 16th

4:00 4:05



**Personalized
Decorations
Quickly!**

Baskin-Robbins can personalize a cake for you in minutes. That's good to know when you're on your way to the party without the party cake.
**BASKIN-ROBBINS
ICE CREAM STORES**
45 Leonard St.
Belmont
484-3310

Cadillac Rolls Down Hill, Winds Up Against House

By Ann Belser
No one could say that Friday was Harry Sartelle's day, at least not the way it started off.

The sun wasn't even up Friday, when Sartelle's Cadillac came out of park as it was stopped on a hill and rolled approximately 170 yards hitting a stone wall, a parked car, a telephone pole, a tree, and, finally, a house.

"It's a miracle no one was hurt," said Sartelle. "You wouldn't believe it."

Sartelle was delivering The Boston Herald to a home on Mt. Vernon st. at 3:30 a.m. as a favor to a friend of his. He put the car in park and opened up his trunk to get out the newspapers.

Sartelle said he heard a pop as the trunk was open and the car started to roll down the hill. Sartelle then took off after his runaway vehicle.



BAD DAY — The path of the runaway Cadillac: it first hit a stone wall, then a Volkswagen Rabbit, crossed the street and then hit a pole and a tree, stopping against a house. (Graphic by Barbara Guiney)

He was able to grab the rear bumper, but the car already had too much momentum for him to be able to hold it back. At that point he was forced to resign himself to the role of spectator as the car rolled uncontroll-

ed down Mt. Vernon st.

The car first hit a stone wall, further on it smashed into the rear quarter panel of a parked 1980 Volkswagen Rabbit and knocked that car into some shrubs.

The runaway Cadillac then continued on its wild course. It crossed the street, nicked a telephone pole, scraped a tree, and finally banged into a house.

The house sustained a minor dent, and the siding was scratched.

"It stopped right before it went through the house," said Sartelle, adding that it was lucky that the car didn't roll out onto Mass. ave. where the damage could have been really severe.

Sartelle said that there were other vehicles on the street at the time, and that he just chased after the car to see what had happened. "I cried when I looked at it. Material things you can replace, thank God no one was hurt."

Sartelle said that the damage to the neighborhood is minimal, but that the front end of his car was destroyed.

He added, "I just can't stop seeing that car rolling down the hill."

Woosh!



SHOWING OFF — Gizmo takes a ride down the slide at Spy Pond, assisted by David Graham. David said he recently found Gizmo and is still looking for his proper owner. (Photo by John Pawlick)

6 Arlingtonians Arrested For Ruckus

Six Arlington residents were arrested, and two were charged with assault with a deadly weapon, in an incident on Fremont ct., which occurred just after midnight last Tuesday.

According to Police Director John Carroll, 23-year-old Jeffery Chinal of 17 Fremont ct. was arrested and charged after he kicked Officer Richard Kennick several times with a construction boot which constituted a deadly weapon.

Another individual, Kevin Day, 24, of 41 Fremont ct. was also charged with assault with a deadly weapon, after police arrested him for throwing rocks at them as they were trying to break up the Fremont ct. incident.

Carroll said the police were called in to break up a disturbance which resulted in fighting as the police attempted to arrest various people for disturbing the peace. Officers Kennick, William Solari, Gary Provenzano, and Kenneth Hughes were all assaulted and had rocks thrown at them.

Also arrested were a 40-year-old Gardner st. man who was charged with disturbing the peace; his two sons, 16 and 19, charged with assault and battery on police officers; and a 17-year-old Fremont st. girl was charged with disturbing the peace.

On Friday, police arrested an 18-year-old man on Wheaton rd. for violation of his parole.

Four bicycles have been stolen around town since last Tuesday. The thefts occurred at Arizona terr., Wellington st., Oxford st., and Mass. ave.

Minuteman Arts Festival Is Fri.

A rock/jazz concert, modern jazz dance presentation, plus art, photography and pottery and sculpture exhibits will be featured at the seventh annual Creative and Performing Arts Festival, sponsored by the Minuteman Tech Summer School on Friday, July 27, from 7:30 to 9:30 p.m. Admission is free.

The purpose of the festival is to provide an opportunity for students enrolled in Minuteman Tech's Summer School classes to show off the work which they have done. Music will be provided by a 15-piece rock/jazz group under the direction of Paul Ahlstrand of Lexington. The Modern jazz dance presentation is by the students of Jeffrey A. Kazin of Waltham.

Photography by the students of Jonathan Brown of Lexington and drawings and paintings by the students of Norma Regillo of Lexington will also be on display.

Alternative to Wallpaper...
CUSTOM STENCILING ON YOUR WALLS
Country Stencils
professionally done by
Cindy Fadden
Inquiries 782-5538
or write
P.O. Box 414
Brighton, Ma. 02135

NOVENA TO MARY, QUEEN OF ALL HEARTS
O Mary, Queen of All Hearts, Advocate of the most hopeless cases; Mother most pure, most compassionate; Mother of Divine Love, full of divine light, we confide to your care the favors which we ask of you today.
Consider our misery, our tears, our interior trials and sufferings! We know that you can help us through the merits of your Divine Son, Jesus. We promise, if our prayers are heard, to spread your glory by making you known under the title of MARY, QUEEN OF ALL HEARTS, Queen of the Universe.
Grant, we beseech you, hear our prayers, for every day you give us so many proofs of your love and your power of intercession to heal both body and soul.
We hope against all hope. Ask Jesus to cure us, pardon us, and grant us final perseverance.
O Mary, Queen of All Hearts, help us, we have confidence in you. (3 times)
C.D.

A Woburn man's windshield was damaged by a rock at Broadway and River st. last Tuesday.

Friday morning \$900 worth of Blaupunkt stereo equipment was stolen out of a Datsun on Medford st., and \$250 worth of Sony auto stereo equipment was stolen out of a Subaru which was parked at Milla's Automotive Sports Center Inc.

After midnight Friday police received a report that a home was entered on Trowbridge st., but nothing was taken.

Early Saturday morning Utopia Cleaners reported that a 1-square-foot window had been broken.

Sunday a resident was arrested for drunk driving and not stopping for a red light, after his car hit a car that belonged to a Cambridge man at the intersection of Summer st. and Mystic st.

Monday morning the manager of Christy's Market reported that 60 cartons of cigarettes, valued at \$700, were stolen. Two people were on duty at the time of the theft, and there were no signs of a break-in.

Later in the morning Taylor Rental reported that a rug shampooer which had been rented was never returned, and New England Telephone reported that a coin box was taken, and a pay telephone was damaged in a vacant store at 432 Mass. ave.

Early in the afternoon, Lebert Brothers Lincoln Mercury Datsun Sales reported that an unregistered 1984 brown Datsun was stolen.

The Arlington Advocate Police Log

That same day, a Mass. ave. resident reported that someone had entered his bathroom window and stolen \$250 worth of Canon camera equipment, 400 English pounds, and a checkbook.

Just before 4 p.m., a woman reported that a \$10 bill had been taken from her handbag which she had forgotten outside of the School For Children on Winter st. at 3:30.

At 2:37 a.m. police received a call from a Woburn woman that her 1980 Pontiac Trans Am was stolen from Medford st. The car was later found by Medford police, torched.

After 1 a.m. Wednesday morning, a Wyman terr. resident discovered that someone had entered his home through the cellar door sometime after 10 Tuesday night, and had left with a \$45 Coleman cooler, \$600 worth of Craftsman tools, a \$45 Black and Decker power saw, a \$45 drill, and a \$100 camping toilet.

Later, police received a call that a \$30 rubber raft was discovered missing on Lakeview rd.

Wednesday morning a tool box worth \$150 was reported stolen out of a Toyota van on Mass. ave. That afternoon police received a report that the battery had been stolen out of a Plymouth that was parked in a parking lot off of Sunnyside ave. between 2 a.m. and 2:30 p.m.

Just after midnight, a Cambridge man's glasses were stolen by two

white males in a small red car on Mass. ave.

Thursday morning, \$75 was discovered stolen from Beacon Spa on Warren st. Entry was gained to the spa by breaking the window in the basement.

Earlier a 23-year-old Somerville man was arrested for driving while intoxicated, and for driving without a license in his possession at Herbert rd. and Milton st.

Thursday, after 1 a.m. a 30-year-old Pleasant st. resident was arrested at Wido Park for trespassing. According to Carroll, there were four other men with him, but they all got away.

Just after 8:30 a.m. on Thursday Anna's Fried Dough reported that a truck parked at 440 Mass. ave. in the rear had six tires flattened, and the front vent window broken, and a trailer had four tires flattened, and the rear latch broken off.

That afternoon, a resident of Menotomy rd. reported a \$50 baby's car seat stolen.

Later that evening a 1971 Oldsmobile which had been stolen from 440R Mass. ave was recovered by the owner on Lombard terr.

THRIFTY RENT-A-CAR WHY PAY MORE?
Full line of 1984 Chevrolets
ARLINGTON
Mirak Chevrolet Service Center
1125 Rear Mass. Ave.
646-8600
Harvard Square
1201 Mass. Ave., Cambridge
876-8900
RENTALS
Daily • Weekly • Monthly
WEEKEND SPECIALS!

Jack N' Jill On Broadway
205A Broadway, next to La Zuppa
Summer Special w/coupon
with Professional Hair Stylist **Maureen**
Shampoo, cut & blown dry - \$14.00
Redkin Perm Special - Reg. \$40. Now \$25
Shampoo & set - \$7.00
Frosting • Hennas • Sunbursting • Tipping • Highlighting
"Latest Designs in"
Classic Bob cuts • Toni cuts by Pivot Point
Senior Citizens Specials - Tues. & Wed. only
Shampoo & Set
Jack n' Jill on Broadway
For appt. 643-3312
205A Broadway next to La Zuppa

WHALOM PARK
SUMMER DISCOUNT COUPON
\$1.50 OFF \$7 RIDE PASS
(ADMISSION & BEACH INCLUDED, WATER SLIDES & TURNPIKE NOT INCLUDED)
GOOD TUESDAYS thru FRIDAY thru AUGUST 31, 1984
Puppet Shows - 2 & 5 pm • Magic Show - 3 pm • Character Shows 4 & 7:30 pm
Free Parking • Picnicking Welcome • Admission 50¢
ROUTE 13 • LUNENBURG, MASS. • JUST OFF ROUTE 2
(One Discount Per Coupon, May Not Be Used With Any Other Discount)

PERMANENT HAIR REMOVAL
Mary M. Cipolla, Registered Electrologist
Newest Most Scientific Method - Medically Approved
• Advisor & Past President of Mass. Assoc. of Electrologists
• Advisor & Past Treas. American Electrolysis Association
• Recommended by Physicians and Skin Specialists
• Consultations Invited •
315 Mass. Ave. Aft. Center **643-7100** 65 Appleton St., Aft. Heights **643-7418**

Emack & Bolio's
ICE CREAM AND ICE CREAM CAKES
FOR THE CONNOISSEUR.
Emack & Bolio's
ICE CREAM CAKES FOR THE CONNOISSEUR.
ONE DOLLAR OFF
any size ice cream cake
come in or order in advance
354-8573
1726 Massachusetts Ave., Cambridge
(Porter Square)
Sun.-Thurs. 11 a.m.-10 p.m.; Fri.-Sat. 11 a.m.-12 midnight
Coupon Expires Aug. 15, 1984

Arlington
Chiropractic Office
Dr. John P. DeFilippo
• Family Practice • Accidents
• Sports Medicine • Work Injuries
Utilizing Non-Force Techniques
Most Insurance Accepted
400 Massachusetts Ave., Arlington Center
648-4000

Health Views
DR. JOHN DEFILIPPO
ARTHRITIS — WHO SAID IT CAN'T BE CURED?
If you had to categorize patients, one of the most tragic categories is the patient who comes to the office with a "resigned" attitude thinking that whatever health problem he has cannot be cured.
This particular mental attitude is characteristic of the people who come to our office suffering from arthritis. The term arthritis itself is a wastebasket term — it seems to hold everything, most of which is junk.
First consider the term arthritis and what it means — it has a Greek derivation and specifically it means the inflammation of a joint.
The most unrealistic approach to the treatment of joint pain (arthritis) is to use medication to override the pain, rather than finding out exactly what caused the problem and correcting the cause, if possible.
Many people have an unrealistic attitude toward pain. They consider pain as an enemy, when, in reality, pain — in most cases — is a friend. Pain tells us that something is going wrong. It is the alarm system of the body. In most cases, pain of a functional nature can be eliminated as body function is returned to normal through natural health care approaches. This is the case with most types of "arthritis."
The important factor in arthritis is to determine what type of arthritis is present — if, indeed, the condition is truly arthritis. Most types of arthritis respond favorably to Chiropractic care; some types can only be managed effectively and then only if the condition is treated before permanent damage has developed. It is important to change our thinking that when arthritis is present "its problems must be endured throughout a lifetime because arthritis is 'incurable'." This may be true with certain types of arthritis, but certainly not with all forms of it.
Over the next few columns, we will be discussing some specific arthritis information. In the meantime, if you have experienced any problems with joint pain, contact a Doctor of Chiropractic immediately. Remember, the five most dangerous words are "MAYBE IT WILL GO AWAY!"
Dr. John P. DeFilippo maintains Chiropractic Offices at: 400 Massachusetts Avenue, Arlington, MA 02174, 617-648-4000.

Symmes Hospital Needs Volunteers Squeaky Clean

For Emergency Department Work

Wanted: Mature individuals who enjoy a busy environment and are not thrown by emergencies.

Volunteers have long proven their usefulness in the health care setting by fulfilling a wide variety of tasks. Those who enjoy patient contact have been extremely valuable to health care professionals by transporting patients from one diagnostic or treatment area to another or by helping to select menus, for example.

They have also played a supportive role as good listeners and have spent many hours with patients who otherwise would have no visitors. Delivering mail and flowers, serving juices, and freshening water pitchers have always been accepted volunteer tasks.

Those volunteers who prefer non-patient care duties have saved hospitals millions of dollars over the years by sorting and delivering mail to the various departments within the hospital, acting as receptionists, serving as clerical assistants, and helping in the hospital coffee and gift shops.

For the first time, volunteers are now being used in Emergency/Walk-In Care at Symmes Hospital. "As part of the Emergency Dept. team, they will be invaluable to physicians and nurses," says Eleanor Matthews, director of Volunteer Services at Choate-Symmes Health Services.

Volunteers can also be very useful as listeners, serving coffee to those who are waiting, picking up X-rays or other test results, and taking them to the Emergency Dept., or helping to keep supply shelves filled.

"This is a new concept for the volunteer, although many of our volunteers have expressed an interest in helping in the Emergency Dept. over the years," Matthews said.

The greatest need for volunteers is during peak emergency department hours. Volunteers are requested to make a commitment of four hours

Article On Allergies Available At Symmes

Allergies plague an estimated 35 million people in the United States. An allergic reaction is caused by an allergen (the substance to which a person is allergic) entering the body either by inhalation, injection, ingestion or skin contact.

There are various causes of allergies including pollen, the worst offender of the airborne allergies affecting some 13 million Americans; insect bites, which can be a life-threatening experience for some; and contactants, which are substances, such as poison ivy, oak and sumac, that cause allergic reactions to the skin.

There is no "cure" for allergies, but early detection, avoidance of the allergen, improved medications and techniques of immunization all lead to better control of allergies.

To learn more about allergies and the steps involved in controlling them, Choate-Symmes has published an ar-

once or twice a week during their choice of 9 a.m. to 1 p.m. or 1 to 5 p.m. or 5 to 9 p.m.

Emergency Dept. volunteers must be at least 18 years of age. Anyone who is interested in learning more about the program is invited to call Mrs. Matthews at the Symmes Hospital Division, Ext. 1067.

Article on "Allergies: Why The Wheeze?" which appeared in the Choate-Symmes "Good Health" magazine.

Contact the Community Relations Dept. at the Symmes Hospital Division in Arlington, Ext. 1441, for a free copy of the article.

Softball Tournament

The Kelly Byrne Open charity men's softball tournament and a Saturday night dance have been scheduled for the weekend of July 27, 28 and 29 to benefit the Kelly Byrne Fund.

The softball games, which are free to the public, will be played on Hurd, Buzzell, Thorndike, and North Union Fields. Local teams have all contributed \$100 per team as a tournament entry fee.

The games will begin at 6 on Friday and will continue all day Saturday. The finals will begin at noon on Sunday.



WATCHING WASHER — Kerry Kelly of Margaret st. is studying Mary Jordan's perfected technique of window washing, as the Rainbow Girls washed cars at Arlington High School Saturday.

(Photo by John Pawlick)

Walcott

Since 1937

For All Your TV and Appliance Needs

47 Years of Reliability and Service in TV and APPLIANCES

INVENTORY CLEARANCE SALE!

compact, space-saving cabinet
Including 60 unscrambled cable channels, with all the deluxe features, Model 25PMM4860K

\$64937

And a \$50 Savings Bond from General Electric

Deluxe 19" diagonal COLOR TV

with compact, space-saving cabinet
for the very finest in 19" diagonal. Including 60 unscrambled cable channels, Model 19PM4758K

\$54937

And a \$50 Savings Bond from General Electric

Value Packed 19" diagonal COLOR only \$29937

•Color Monitor System adjusts color picture before you see it •Automatic Frequency Control locks in channel settings without readjustment •In-line Black-Matrix picture tube •Performance II solid state chassis

Model 19C3706W Cabinet constructed of high-impact plastic

Super Values on All G.E.'s during this Sale!

144 Mystic St., Arlington 648-7570

Corner of Mystic and Summer Sts. Next to Dunkin Donuts

313 Great Rd. Shopping Area, Bedford 275-7570

IF YOU'VE NEVER VISITED - COME IN AND LOOK AROUND!

Old Time Courtesy and Service

M, Th, F 9-9
T, W, Sat 9-5

Be Surprised!

AUTHORIZED TV SERVICE

WALCOTT SALES Arlington & Bedford

Town Hall Roundup

Teller Appointed

Selectmen appointed George Crenshaw Jr., of Mead rd., as an election teller for Precinct 13. Crenshaw will fill one of the Republican openings in the precinct.

Davis Appointed

Board members approved the appointment of Pauline M. Davis of Kenilworth rd. as a Republican substitute teller in Precinct 6.

Dog Owner Is Warned

The owner of a black and tan male shepherd dog, named Painter, was given a warning by the Selectmen to keep his dog in better control, and be more aware of his neighbors' feelings.

Some neighbors had complained to the board that the dog had "viciously attacked" a child — a charge the owner denies. The complaint prompted the board to call in the owner, William Stafford, and to ask Animal Control Officer Sal Catanzano to investigate.

Catanzano's report to the board indicated the situation was much improved, and that the dog was chained when out in the yard.

"Normally, if the conditions are improved and there are no further complaints, that's the end of it," Selectmen chairman Robert Murray told Stafford. "But if there are any further complaints in the next three months, we'll hold a hearing to remove the dog."

"May I speak?" Stafford asked. "The neighbor claimed my dog attacked someone; Mr. Catanzano's report said 'scratch.' I just want to get that on the record."

"We tell you what the complaint was when we sent the letter asking you to come in; it's only fair," explained Murray. "That's why you're here to us, to tell your side."

"It may not have seemed vicious to you, but you've got to keep in mind how a parent feels," added Selectman Charles Lyons. "If my 2-year-old were scratched by a dog, I'd probably say it was vicious, too."

Murray told Stafford if no further complaints were received in the next 90 days, the matter would be considered resolved.

Bd. Chooses Firm For Yearly Audit

After receiving the report of their Audit Advisory Subcommittee, chaired by member Robert Havern, and the concurring recommendation of Town Treasurer John Balafer, the Selectmen unanimously voted to hire the Arthur Young Co., based in Boston, to do the town's annual audit this year.

Arthur Young Co., at \$18,000, was by far the lowest bidder for the proposal. The firm also estimated the fewest hours to complete the audit, which is necessary to comply with certain state and federal regulations.

The Young proposal, as synthesized by the Audit Advisory Subcommittee, estimated the job could be completed in 535 hours. The breakdown Young offered was 25 hours of work by partner-level employees, 50 by manager-level people, 170 hours by senior-level employees, and 290 hours by staffers.

In contrast, Arthur Andersen & Co., the highest bidder, estimated the job would take 1,571 hours and cost \$39,000. Main, Hurdman was next at 1,030 hours and a cost of \$36,000.

The accounting firm of Peat Marwick and Mitchell bid the job at 1,200 hours and \$30,000, and the firm of Pannell, Kerr and Foster estimated it at 700 hours and \$24,000.

Board members had received periodic reports from Havern during the subcommittee's search for a new auditing firm, which began when the town's last auditor, Ernst & Whinney, informed Arlington it would no longer be doing such work.

After examining the proposals and having the subcommittee and Balafer check into the reputability of each bidder, the board members agreed to go along with the recommendation to take the lowest bidder — even if, as Havern suggested, the low bid turns out next year to have been a "loss-leader" — a money-loser for the firm, to attract the town as a steady customer.

Two Appointed To Examiners Bd.

Board members appointed two residents, Elinore Charlton and John Balyozian, to the Board of Examiners for terms to expire on April 30, 1987.

The also reappointed Harry McCabe of Madison st. and Margaret Capron of Gray st. to the Council on Aging. Both terms will expire May 1, 1987.

THERE'S A GREAT IDEA, RIGHT NEXT DOOR.

Great Cuts, a major new idea in high-quality, low-cost haircutting, has a shop near you at 463 Salem Street, Medford.

Like most great ideas, the Great Cuts concept is really quite simple. If you take a group of fully-licensed professional haircutters, train them intensely in the most modern techniques for cutting men's and women's hair, teach them to listen carefully to what the customer really wants, and provide an environment that eliminates frills and wasted time... then you ought to be able to offer an outstanding haircut for very little money. And we do. For just \$6, to be exact, when you come in with your hair already washed.

For Great-Looking Hair, At A Really Great Price.

463 Salem Street, Medford, MA 02155. 301-0773.

Great Cuts Six Bucks

The House of Cherny

Re-upholster your sofa or chair for that new look! We custom make drapes slip-covers and cornices!

Give your favorite sofa or chair a new re-upholstered outfit. Thirty years of quality workmanship are behind every job at H. Cherny & Sons. Maybe a slip-cover is all you need. Or, a new custom made drapery and cornice to go along with your re-upholstered pieces. Our craftsmen will cut and pinfit the fabric in your home. Sew it in our workshop then deliver and fit when ready. We have hundreds of fabrics from the world's finest mills to choose from. Give us a call and discuss your particular need.

648-5241

H. Cherny & Sons

975 Mass. Avenue, Arlington, Mass. 648-5241

The Arlington Advocate

Local Graduates



GRADUATE—Robert Pustizzi of 5 Acton st. received an associate in engineering degree from Wentworth Institute of Technology. He studied computer science engineering technology.



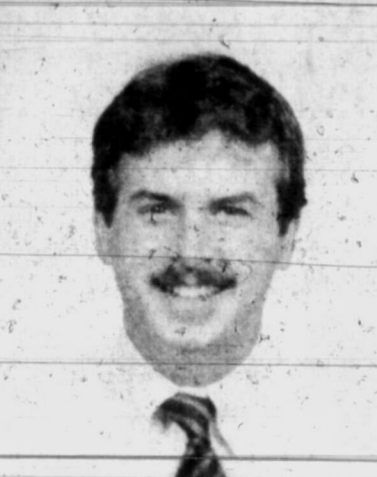
WENTWORTH GRAD—Mark White of 99 Hillside ave. received an associate engineering degree from Wentworth Institute of Technology. A major in welding engineering technology, White attained high honors.



NURSING DEGREE—Kathleen G. McEwen, daughter of Warren and Mary Ellen McEwen of 2 Stevens terrace, received a diploma in nursing from the Somerville Hospital School of Nursing. She received a B.S. degree from the University of Massachusetts/Amherst in 1981.



GETS MASTER'S—Elissa A. Foresta received a master of arts degree in writing and publishing from Emerson College in Boston. One of 400 students to graduate, Foresta also holds a B.F.A. from Emerson College.



M.D. DEGREE—John Judson Aiken Jr. received a doctor of medicine degree from the University of Cincinnati College of Medicine. Dr. Aiken is the son of John and Nancy Aiken of 10 Linden st. and is married to Joanne (Widmeyer) Aiken of Cincinnati, Ohio. Aiken was an honor graduate of Belmont Hill School (1972) and Harvard University (1976). He also graduated cum laude from the University of Cincinnati. Dr. Aiken began his surgical internship at Massachusetts General Hospital on July 2.

Byrne Degree
Joan Byrne of 39 Michael st. received an associate degree from Bunker Hill Community College in Boston.

Wentworth Grads

A number of residents graduated from Wentworth Institute of Technology on Boston.

Receiving their associate in applied science degrees in electronic technology were Margaret Beckford of 389 Mass. ave., William Groves of 51 Melrose st., Edward Hurl of 19 Williams st., and Anthony Imposimato of 56 Edgehill rd. and William MacDonald.

Dana Cooke of 35 Sunset rd. was awarded an associate in engineering degree in electronic engineering technology. Paul Cahill of 145 Robbins rd. received a certificate of graduation in electronic maintenance.

Frederick Cornetta of 22 Regis rd. received an associate in applied science degree in building construction. He graduated with high honors.

Sharon Mahoney of 45 Kenilworth rd. graduated with an associate in engineering degree in electronic engineering technology. Joseph O'Quinn of 42 Menotomy rd. graduated with honors with an associate in applied science degree in mechanical design technology.

Constantine Stamos of 61 Lafayette st. received an associate in engineering degree in architectural engineering technology.

Summer Sings

The Chorus pro Musica will be holding three Summer Sings on Wednesday Aug. 15, Haydn's "Creation", Aug. 22, the Brahms "Requiem," and Aug. 29, Beethoven's "Mass in C Minor." All sings will be at 7:30 p.m. at Old South Church, 645 Boylston st., Boston. Admission is \$2. Bring scores if you have them.

Edward F. Flaherty Certified Public Accountant

*Announces The Opening
Of His Office*

81 Park Ave., Arlington, Ma. 02174
Telephone **(617) 646-9045**

Important Notice

In a recent act of theft and vandalism to our office, our appointment book was destroyed. This book contained lists of scheduled appointments for the next six months.

If you have an appointment for a specific procedure or a periodic preventive (check-up) visit within the next six months, please notify our office at your earliest convenience to verify the time and date.

**Joseph P. O'Donnell, D.M.D.
James C. McAweeney, D.M.D.**

PEDIATRIC DENTISTRY
38 Church Street
Winchester, MA 01890
(617) 729-1900

Summer Safety Courses Offered

The new Choate-Symmes Community Health Education Dept. is offering summer courses in safety, accident prevention and emergency preparedness at both hospitals.

The following courses will be conducted in August:

Babysitter Training - A course for boys and girls, 11 to 15 years old, includes first aid, chokesaving, fire prevention, diapering, handling emergencies and much more.

The course runs Aug. 13, 14, 15, 9:30 a.m. to 12:30 p.m. at Symmes Hospital.

CPR Basic Rescuer - Learn the technique to save a heart attack, stroke, choking or drowning victim at Symmes Hospital on Wednesdays, Aug. 1, 8, 15, or at Choate Hospital Aug. 15, 22, 29. The courses at both hospitals run from 7 to 10 p.m.

CPR Basic Recertification - Offers a refresher course for those with current CPR card. At Symmes Hospital on Aug. 7 or Aug. 29; both 6:30 to 10:30 p.m.

CPR Instructor - A course for

Irish Club To Feature Live Band

The Irish American Club of Arlington will sponsor its weekly dance this Saturday evening, July 28, featuring the Irish American band - Kathy and the Irish Americans.

The clubhouse is air conditioned for dancing and listening pleasure and all who appreciate this type of music are welcome. A small cover charge at the door and dancing will be from 8:30 to 12:30 a.m.

May The Sacred Heart of Jesus

be adored, glorified, honored, loved and preserved throughout the world Sacred Heart of Jesus, pray for us St. Jude worker of miracles pray for us. St. Jude help of the hopeless pray for us. Say this prayer nine times a day for nine days. It has never been known to fail. Publication must be promised. I have had my request granted.

M.F.

American Heart Assoc. certification. Current Basic CPR certification required. Offered at Symmes Hospital on Mondays, Aug. 6, 13, 20, 7 to 10:30 p.m.

Standard First Aid - The American Red Cross multimedia course for three-year certification includes chokesaving, rescue breathing, splinting broken bones, sprains, shock, eye

injuries, emergency transport. It will be offered at Choate Hospital on Mondays, Aug. 13, 20, 27, 7 to 9:30 p.m.

All courses require pre-registration. For Symmes Hospital courses, call Ginny Rodriguez, ext. 2029 in Arlington; for Choate Hospital courses, call Ann Sullivan at ext. 377 in the Woburn hospital to obtain registration forms.

Michelson's
"YOUR FAMILY SHOE STORE WITH MORE"
SERVICE • SELECTION • SIZES

WOMEN'S SHOES SEMI-ANNUAL CLEARANCE

Revelations *Hush Puppies* *NATURALIZER*
Enna Jetticks **1/2** *andiamo*
Citations
PRICE PER PAIR

Discontinued styles of women's shoes and sandals - spring and summer - white - bone - combinations - navy - black patent - brown tones

ALL SALES CASH ONLY. ALL SALES FINAL

Summer Hours
Daily
8 a.m. to 5 p.m.
Friday
8 a.m. to 8 p.m.
Closed Sundays

Michelson's
EST. 1919 **SHOES**
Quality Footwear for the Entire Family

Municipal
Parking
in the
Rear

1780 Massachusetts Ave., Lexington, MA 02173
862-1034

DALE J. DiMARZO
Registered Electrologist
Complimentary Consultations
Permanent Hair Removal
Dale J. DiMarzo Delia L. DiMarzo
28 Church St., Winch. 729-9222

BRATTLE PHARMACY, INC.

"Where Your Prescription Dollar Buys More"

1043 Mass. Ave., Arlington
643-3267

HOSPITAL AND SURGICAL SUPPLIES
SALES AND RENTALS

Free Blood Pressure Clinic

Every Wednesday 1-3 p.m. - 52 Weeks A Year

Open Sundays 8 a.m. to 8 p.m.
Mon. thru Sat. 8 a.m. to 10 p.m.

Over 47 Years Under Same Owner and Management

Mall Discount
Liquors & Gourmet
202 Alewife Brook Parkway
Cambridge, Ma. 02138 - 864-7171

At Fresh Pond Mall
Specials Effective 7/19 to 7/26
Next to Stop & Shop

THIS WEEK'S SPECIALS

Teacher's Scotch Mail in rebate - 6.00 1.75 ltr. your cost 9.99	Smirnoff Vodka Mail in rebate - 2.00 1.75 ltr. your cost 9.19
Taylor California Cellars Wine 4 ltr. jugs \$6.49	Seagram's 7 1.75 ltr. 11.49 Mail in rebate 2.00 YOUR COST 9.49
Gallo Wines \$4.49 Chablis, Rose, Burgundy, 3 ltr.	St. Pauli Girl case + deposit \$12.99
Kievski Vodka 1.75 ltr., 59.2 oz. \$6.99	FLEISCHMANN'S GIN 1.75 ltr. 9.89 Mail in rebate 2.00 YOUR COST 7.89
Coke or Pepsi 12 oz. cans \$5.99 case	Gourmet Special
Semi Annual Cheese Sale Choose from \$2.99 lb.	

• Havarti • Maasdammer • Munster
• Assorted flavors • Gouda (Red wax) • Cheddar
• Feta • Danbo w/caraway (NY & VT)
• Port Salut • French Brie 60% • Smoked Gouda

Fabric Corner

Sale Begins 12:00 Noon
Thurs., July 26

Final Summer Clearance

50% off SALE!

We must make room for new fall merchandise so we have taken 50% off the original prices of many summer fabrics. Come early for best selection.

Remnants 69¢ yd.

Fabric Corner

783 Mass. Avenue • Arlington, Mass. • Phone 617-643-4040
Store Hrs: Mon.-Fri. 9:30 a.m.-9 p.m.; Sat. 9:30 a.m.-5:30 p.m.

THE VILLAGE home CENTER PRESENTS

Giant Outdoor Sell-a-thon!

SAVE 60%-90%

TOOLS! HARDWARE! SMALL APPLIANCES! HOUSEWARES! PLUMBING!

IT ALL MUST GO!

Here's your chance to buy at incredible savings - discontinued merchandise, merchandise missing parts, dented, scratched merchandise unable to be sold at regular prices. All merchandise will be outdoors.

2 BIG DAYS

JULY 27 & 28 9 A.M. - 9 P.M.

VILLAGE HOME CENTER
411 Waverley Oaks Rd., Rt. 60, Waltham
OPEN: Mon.-Sat. 8-9 - Sun. 12-5 893-4360

Social



Mr. and Mrs. Michael McCrobie

Diane F. O'Connor And Michael McCrobie Wed

Diane F. O'Connor, the daughter of Mr. and Mrs. Thomas K. O'Connor of Arlington, and Michael S. McCrobie, the son of Mr. and Mrs. Robert R. McCrobie, also of Arlington, were married May 19 in St. James Church.

After the nuptial mass, a reception was held at the Parker House. The couple took a wedding trip to Nantucket and are living in Cambridge. Mrs. McCrobie is a graduate of

Arlington High School and Aquinas Junior College. She is a store manager at Milton's Clothing Store. Mr. McCrobie is also a graduate of Arlington High School and East Coast Aero Tech. He is employed as a technician at A.M.T.I.

CLASSIFIED ADS

To place your classified ad, call 729-8100 before 4 on Tuesday for that Thursday's paper.

Lt. E. Wells Will Marry Capt. Smith

Mr. and Mrs. Robert C. Wells of Hillcrest st. announce the engagement of their daughter, Ellen M. Wells, to Capt. Lawrence H. Smith.

Lt. Wells is a 1975 graduate of Arlington High School, a 1978 graduate of Vermont College with an associate's degree in nursing and, most recently, a 1983 graduate of Salem State College with a B.S.N.

Prior to joining the United States Air Force in July 1983, she was a visiting nurse with the Visiting Nurse and Community Health Inc. in Arlington and Lexington. She is currently a lieutenant in the USAF Nurse Corps, stationed at Reese Air Force Base in Lubbock, Texas.

Her fiancé is originally from South Carolina and a 1974 graduate of Clemson University. He is an instructor pilot at Reese AFB. Prior to his assignment at Reese, he was stationed at McCord AFB in Tacoma, Wash., for five years.

Jenkins Son

A son, Keith Jenkins, was born June 8 at Beth Israel Hospital to Paul and Susan Donnellan of Lexington. Grandparents are Arlington residents Mr. and Mrs. George Donnellan, and Mr. and Mrs. Frederick Jenkins of Watertown.



Lt. Ellen Wells and Capt. Lawrence Smith

The couple plan to be married in Sept. in Lubbock, traveling to Seattle and Arlington on their honeymoon.

Ms. Lyons Will Marry Mr. Campana

Mrs. Paul F. Lyons announces the engagement of her daughter, Jacqueline, to Richard W. Campana Jr. of Waltham.

Ms. Lyons is a graduate of Arlington High School and Massachusetts Bay Community College, and is employed by Sun Life Assurance Co. of Canada in Wellesley.

Mr. Campana is a graduate of Waltham High School and Sylvania Technical School, and is employed by Merrimack Laboratories in Hudson. A spring 1985 wedding is planned.

Amato Daughter

Mrs. and Mrs. Salvatore L. Amato (Susan DeYoung) of Lynn are the parents of Anne Marie, born June 23, at Mt. Auburn Hospital, Cambridge. Mr. and Mrs. Amato are former residents of Arlington.

Terrizzi Son

Angelo and Shelley Terrizzi of Brookdale rd. announce the birth of their first child, Michael Angelo, on June 10 at Winchester Hospital. Grandparents are Mrs. Frank Terrizzi of Somerville, and Mrs. Sonya Trask of Brookdale rd.

McAuliffe First

Madeline and Thomas McAuliffe became the parents of their first child, Brendan Lyons, on June 15. His grandparents are Antoinette and Edmund Giroux of Arlington and Mary and Philip McAuliffe of Marblehead.



Jacqueline Lyons and Richard W. Campana

Costa Daughter

Manuel and Robin Costa of Mott st. announce the birth of their daughter, Michelle Anne, at Emerson Hospital on June 3.

Lapide Girl

Lawrence and Betty Lapide of Arlington announce the birth of their daughter, Rebecca Francine, on July 3, at Mt. Auburn Hospital in Cambridge.

McCarthy Fourth

Mr. and Mrs. Kevin McCarthy of Belmont announce the birth of their fourth child, second son, Matthew John, on June 21 at Winchester Hospital. His grandparents are John McCarthy and Barbara McCarthy of Arlington and John Roderick of Belmont.



Janice M. Cahaly and Peter Apostolopoulos

Miss Cahaly Will Wed J. Apostolopoulos

Mr. and Mrs. Victor M. Cahaly of West Newton announce the engagement of their daughter, Janice Marie, to John Nicholas Apostolopoulos, the son of Mr. and Mrs. Peter Apostolopoulos of Arlington.

Ms. Cahaly is a graduate of Newton North High School. She holds an associate's degree from Massachusetts Bay Community College in Wellesley and is the executive assistant to the vice president at the Parker House Hotel in Boston.

Mr. Apostolopoulos graduated from Arlington High School, attended Bryant and Stratton College and graduated from Mansfield Academy. He is employed in the family retail business on Lake Winnepesaukee, New Hampshire. A fall wedding is planned.

The Lexington Store is easily accessible, convenient and local to you!

Lexington Cycle, Inc.

1644 Mass. Ave., Lexington
(Across from the Post Office)
863-1480

- Quality Parts
- Expert Service
- Rental Bicycles

Univega, Shogun, Jetter, Ross, Kent, Mongoose and more.

Service Savings

Tune Ups **\$15.00**
Regularly \$22.00

\$2.00 Off

Bicycle accessories, parts, tires, tubes, helmets & touring equipment with purchases over \$10

Over Hauls **\$35.00**
Regularly \$55.00



Free Carrier & Kickstand With Purchase Of Any New 10-Speed Bicycle

Fanny Farmer's First Factory Outlet

SCRUMPTIOUS SPECIALS

2 Lb. Factory Irregulars Assorted Chocolates **5⁹⁸** Reg. 11⁹⁰

2 Lb. Irregular Pastel Candies **3⁹⁹** Compare at \$11⁹⁰

8 Oz. Peanut Butter Cups **1⁹⁹** Reg. 3⁹⁵

9 1/4 Oz. Box Nut Clusters **2⁹⁹** Reg. 4⁹⁵

Plus Other Candies From **25 to 50% Off**



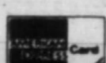
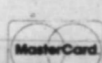
Fanny Farmer
CANDIES

AN AMERICAN TRADITION

Fresh Pond Mall
at Fresh Pond Rotary, Rt. 2
Cambridge, MA

Hours: 10-9:30 Mon.-Sat.; Sun. 12-5

Phone 661-4963



Cards Welcome

Create
The Sundae
You've Always
Dreamed
Of...



**putnam
pantry
candies**

Rte 1
Danvers

Pickering Wharf
Salem

Lexington Square
1666 Mass. Ave.

Rte 28
Reading

Make your own sundae
at our original Ice Cream
Bar from any or all of our 15
scrumptious homemade
toppings!

Voted The Best Around!!

We're
Ready
for...

Summer Planting

are you?



Now is a great time for planting. Plenty
of time to enjoy the beauty of flowering
plants all summer long.
We make landscaping affordable.

Gift
Certificates
Available

Open
7 Days
A Week

Our business is growing

Mahoney's

Rocky Ledge Farm & Nursery
242 Cambridge St. (Rte. 3)
Winchester 729-5900

CHERNY'S RECLINER VILLAGE • WHEN YOU THINK OF RECLINERS - THINK CHERN

Semi-Annual Clearance Sale

Summer Furniture Reduced 10% to 20%

Divans

**SAVE \$100 to \$150
and more**

Chairs

SAVE \$50 to \$100

Sleep Sofa

SAVE \$50 to \$130

Swivel Rockers

SAVE \$36 to \$50

Recliners

SAVE \$40 to \$110

Box Spring

SAVE FROM

& Mattress Sets

\$100 set

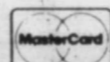
Love Seats

SAVE \$60 to \$100



Also reduced for clearance sale — rockers, platform rockers, odd chairs and dinette sets. All items subject to prior sale.

Most one of a kind sale applies to items in stock only.



H. Cherny & Sons

THE WAVERLY FABRIC SHOWCASE STORE

975 Mass. Avenue
Arlington, Mass.
Phone... 648-5241



RECLINER VILLAGE • WHEN YOU THINK OF RECLINERS - THINK CHERN

Advocate Extra



On Call Sitting And Waiting Or Saving A Life All In A Day's Work

Story And Photos By John Pawlick

(Over the last four weeks, I spent a number of days and nights with the Arlington Rescue Squad at the Highland Fire House.

Three men ride the Rescue and can be called upon at any time of the day or night for every kind of medical emergency. I was told stories of severed legs and arms and of bodies twisted in auto wrecks. The following paragraphs are the account of two of my days with the Rescue Squad.)

JULY 18

4:50 p.m. — I arrive at the Highland Station to the sound of crowds cheer-

ing. The Red Sox are on the television, losing 6-1 in the seventh inning. A couple of the men are watching the game on the set downstairs. Out back, several others are washing their cars and polishing them to a shine.

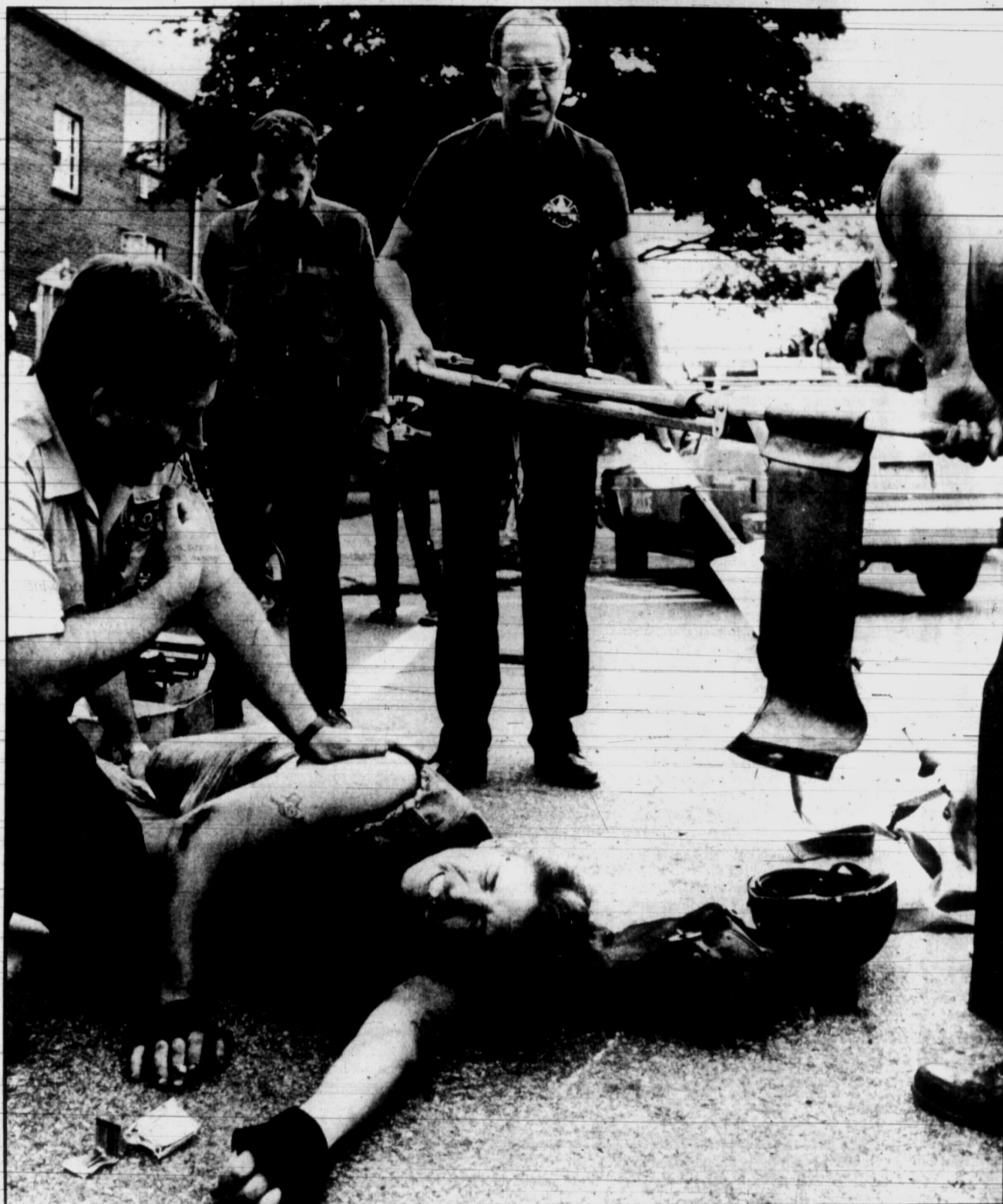
5:05 p.m. — The Red Sox score another run as the alarm sounds. Beep, beep, beep. The Rescue unit is being called on a run to a nearby house.

5:07 p.m. — A woman has apparently fainted and suffered a minor cut on her head. We transport her to Sym-

mes Hospital and return to the fire house.

5:20 p.m. — Only five minutes after we return from Symmes, the alarm sounds again. The Rescue, the engine and the ladder truck are called to a house where smoke has been seen coming from a window. There is a small fire in the kitchen which is taken care of quickly. There are no injuries.

(On Call - Page 20)



Kevin Shaw (far right) and Chuck Krepelka carry a stretcher to transport an injured cyclist to the hospital.



Kevin Shaw blows up a bag to act as a splint for a compound fracture of victim of a car-van crash.



Mike Walsh assists an injured passenger.



Mike Walsh and Mike McCarthy (center) attend to the head injuries of an auto accident victim before taking him to Symmes Hospital.

Comment



Man About Town

What has become an annual Family Picnic, sponsored by the Arlington Chamber of Commerce, will be held on Wednesday at Menotomy Rocks Park. All are invited between 3 and 8 for food, dancing, music, games, prizes, clowns and lots more. At 6 the local organizers of the recent Special Olympics will take on Chamber members.

Over the weekend, men's softball teams will be playing in a tournament to benefit the 2-year-old daughter of legislative aide Steven Byrne who was murdered in Boston last year. A fundraising dance will be held Saturday night at the Sons of Italy. All are invited to watch the games at Hurd, Buzzell, North Union and Thorndike Fields and attend the dance.

A young anonymous writer laments that there is nothing in Arlington for kids to do and no place for them to go. The writer suggests that some of the vandalism in town is due to the fact that young people have no place to go and they get kicked out of the parks even when they are not causing problems. Boredom leads to vandalism.

The writer raises a good point, one which the community should consider. Where can young people go at night, especially those too

young to be driving around? They apparently don't want to be at someone's house. A dozen years ago there was a teen center at the high school but that died after a few years when the younger kids packed it and the older ones stayed out in the parking lot making trouble.

Another letterwriter hopes that the stores in the Broadway Plaza area will soon be improved. There is good news to report here. The theater building on Medford st. and the Nevaire building on Broadway are slated for improvements. The letterwriter also expresses dismay at the appearance of the former Mirak showroom which now is the Irish American Club, sporting a sign and shamrocks. "Tacky," says the writer.

The same old story of "not in my neighborhood" came up again this week. This time the neighbors opposed use of Gibbs Junior High two nights a week and Saturdays for college students. These wouldn't be your average 18-year-olds running around in cutoffs and T-shirts, but employed adults taking courses in their non-working time. The neighbors objected at a Redevelopment Board meeting because cars would park on their streets. That's a legitimate concern, but

neighbors might be foolish considering that there are possible tenants who would not share equipment with Gibbs students, and the possibility of an empty building when an under-enrolled school closes.

"What a way to run a state" has probably been said more than once by observers of the scene at the State House. The Globe reported that legislators passed almost as many pieces of legislation two weeks ago, in their rush to recess for summer, as they did in the previous six months. Some major pieces of legislation were left to wait until after the September primaries — those legislators are no dummies. No point making tough votes when an opponent can rap you or the taxpayers can turn on you. But it's not much different elsewhere. The New York Times recently reported that the New York legislature recessed after passing 1154 bills so far for the year — and 800 were waiting for the Governor to act on them. The paper printed a handy summary of major bills passed, under appropriate grouping headings, so at least readers could figure out what went on at their state house.

The people at the MBTA aren't dummies

either. On July 11 they paid tribute to the federal Urban Mass Transportation Administration (UMTA) on its 20th anniversary, citing its support of improved mass transit in Massachusetts. The next day MBTA General Manager James O'Leary asked UMTA to approve funds to rehabilitate the Silverbird cars on the Red Line. Other Red Line improvements the T seeks funding for include beefing up manpower for nightly inspections and track and tie repair; staffing to speed up replacement of volt cable; extension of train maintenance to 24 hours a day; addition of more supervisors; installation of a new automated signal system; and overhauling 164 Red Line cars and purchase of 54 new cars in 1986.

Norman Stein, an alternate delegate, supporting Hart, at the Democratic convention, made The Globe during the recent activities in California. He was passed over when a vacancy on the Massachusetts delegation was filled, and a flap was developing when he stepped aside in favor of another delegate, according to the article.

A Political Viewpoint

By Sam Adams

I have been asked to come out of retirement to write this column from time to time because: (a) too much is going on which needs to be commented upon this election year; (b) people at the newspaper feel they do not have the time to make sage comments about the sorry political scene; (c) someone has to do it; and (d) I need the money. Without further introduction or excuse, we'll get right to it.

One of the responsibilities of a newspaper is to help see that opposing points of view are expressed when it comes to matters of public policy. Unfortunately, with so many metropolitan newspaper publishers proudly flaunting their liberal credentials and editors who believe their duty is to save humanity, we find a number of stark realities being overlooked, underreported or intentionally ignored.

The situation is compounded by television "journalists" who in magazine interviews detailing their personal lives readily admit to a liberal bias and Democratic voting record, but who claim "I don't let it interfere with my work."

Baloney. Flipping the channels during the convention it was clear that the whole show was one love feast between the media and the key names on the agenda. Few commentators even looked to the substance of remarks made by Jesse Jackson, Ted Kennedy, Mario Cuomo, Geraldine Ferraro or Walter Mondale. The talk was of how well they delivered their speeches and how fervently the audience reacted.

While the American Newspaper Guild, the union which represents reporters and editors at most of the major newspapers, has already endorsed Walter Mondale for President, its officers are quick to comment that its position is not intended to interfere with the opinions of its members.

Then why do it?

The only reason a union endorses someone for President is that it believes it has something to gain by that person being in office vs. the opposition candidate. President Ronald Reagan, once a union leader himself, hasn't treated the public employees' unions too favorably when it has come to choosing between union interests and the public interests. He dealt firmly and swiftly with the illegal air traffic controllers' strike and he is currently trying to hold the line on the postal workers' contract.

Do you know what a starting mail clerk-carrier makes? Try \$25,000 plus. That's to start! Maybe your mailman was underpaid a decade or so ago, but with any length of service he earns a pretty penny today. (Not only that, but they've even eliminated the "neither rain, nor snow, nor sleet..." part in his contract. No shoveled walk, no mail.)

So the journalists' union's endorsement of Walter Mondale is not to be taken lightly by the reader. They are saying to every wordsmith member: "You'll be better off under this guy."

With the super-liberal publishers and station owners admitting their Democratic bias, the TV reporters and commentators "privately" doing the same; and the reporters' union strongly endorsing the ticket, how can anybody expect them to deliver "unbiased" news and commentary?

You can't.

The only thing you can hope for is that their sense of fairness will continue to permit the widespread distribution of some "conservative" columnists' and commentators' views. And, regardless of your persuasion or leanings, we hope that in the coming weeks you will consider a few observations by yours truly. Hopefully we can focus some attention every other week or so on the passing political scene.

We started talking about realism.

Let's look at a couple of examples.

If Walter Mondale is elected, he will "end the arms race."

But, if Ronald Reagan is elected, he too will end the arms race. In reality, the arms "race" will end in two years. It is already in this country's long-range budget planning to slow military expenditures to a 2 percent to 3 percent per year increase after the present build-up is completed in 1986.

So whoever wins will "end the arms race" or can certainly lay claim to having done so. None of the commentators pointed that out to you, did they?

Why do we have an arms race in the first place? That's something else which easily gets twisted and distorted. The Democrats would like you to think it is because President Reagan is some kind of warmonger. The reality is that even in Jimmy Carter's long-range military budget we were planning an extensive build-up.

And it wasn't because Jimmy was a warmonger either. It was because during the entire decade of the 70s we had a 20 percent net reduction in military expenditures, a terrible weakening of our defense preparedness, and no modernization whatsoever of our military equipment.

Once the Vietnam War ended, the Democratic-controlled Congress immediately decided we could turn all the military spending into social entitlement programs and experiments. President Ford fought it with veto after veto, but to no avail in the long run.

During the 1970s the U.S. Air Force added not one newly developed combat airplane. All of them came from the drawing boards of the 1960s. The B-1B bomber, designed to replace the B-52, an early 1950s vintage plane, was shelved under the Carter administration. It has since been reactivated.

You will remember the late 1970s stories about our soldiers overseas unable to live on their pay because the dollar couldn't compete in the foreign economy, and soldiers at home supplementing their income with food stamps.

It was a sorry state of affairs. In the late 70s the

Navy had to take ships out of service because of a lack of career enlisted men to keep the machinery running. The Army, Air Force and Marines all suffered because of a lack of non-commissioned officers. The field artillery had no ammunition with which to practice and military morale was at an all-time low.

But all that has now changed. Even the journalists and commentators have been doing stories about how the military is now an attractive career and morale is high.

It has been an amazing turn-around in a few short years. All it took was money — paying wages comparable to civilian wages for skilled positions — and purchasing new hardware to repair and replace the old. But trying to catch up in four years after a 10-year net deficit of 20 percent has been very very expensive.

The military is an easy target for Congressional spending critics, but the reality of today's world is that we have to have a strong military. Our whole theory of world balance of power which has been pretty successful in discouraging use of nuclear weapons for the past 39 years, is based on being strong enough to make the other guy think twice before getting into a major war with the United States.

This policy has done more to prevent war than all the energy expended on peace marches and nuclear freeze demonstrations put together. This is not to belittle the sincerity or concern of the people involved in these movements, but the USSR really isn't frightened much by earnest mothers singing songs or Ph.D.'s pontificating on the dangers of a new ice age following a nuclear exchange.

We know they can pull the trigger on short notice — witness KAL Flight 007 — but they have stopped short of getting into confrontations with us over Vietnam a few years ago or the Middle East today, because their assessment of our retaliatory potential has convinced them thus far that it is not worth the risk.

Despite some of our foreign-policy errors giving them opportunities and excuses over the years to start World War III, the balance of power theory seems to be working quite well. But while we were in a military decline during the 1970s (and they were in a build-up), we witnessed a lot of muscle flexing and forthright expansionism on the part of the Soviet Union.

The USSR invaded Afghanistan without blinking an eye. That country, in case you have forgotten, has had whole villages destroyed and thousands of civilians gassed by Soviet forces. Ten Soviet Army divisions — more than 108,000 troops — now occupy Afghanistan. USSR has backed the military government of Poland in totally crushing the trade union movement and social reforms which had sprung from the grassroots. Martial law has been in effect there since December 1981.

And in this hemisphere, the invasion of Grenada

by the Caribbean Multinational Force last year produced written, signed documents of agreement between the Grenadian dictatorship and the Soviet Union providing for arms supplies and military equipment. It also captured over 9,000 rifles and machine guns, 40 crew-served artillery pieces and more than 5 million rounds of ammunition. The signed agreements in force at the time of the invasion called for an additional \$31 million in arms to be shipped by the USSR to Grenada through Cuba.

In the face of these realities, how can the Democrats get away with painting President Ronald Reagan as the bad guy of foreign policy and runaway military spender?

President Reagan came into office when our military was in serious trouble. Even Jimmy Carter could see that and had proposed a military buildup and modernization in his long-range planning. President Reagan pushed forward and got us back on the right track, but more needs to be done, particularly in the next two years.

Our ability to fight conventional as well as nuclear wars seriously deteriorated during the 1970s. Everybody could see that. And with it went our deterrent concept, the whole basis of our global strategy to keep us out of a major war. And at the same time Soviet expansionism and thirst for land, resources and world influence reached an all time high.

Is there any dispute of these facts?

Why can't we see our own military spending in perspective? We can see stories of soldiers trying to live on food stamps, but we can't understand what such a situation means in terms of deterioration of our forces.

If history tells us anything it is that when we have been weak we have been preyed upon. A weak military in a modern world invites disaster. Peace through strength is not just a slogan, it is an axiom.

Did you really expect the Soviet Union to participate in the Los Angeles Olympics? If so, you are really out of touch.

Your perceptive faculties and analytic capabilities have been numbed by the notion that TV news is real and The Boston Globe is Gospel.

When you try thinking for yourself, try to separate what is from what you'd like it to be. Look at reality as it exists, uncolored by the rose-hued glasses of the media, and draw your own conclusions. And if you were President, what would you do?

It is interesting that Jimmy Carter and Ronald Reagan — two opposites politically — both agreed an arms build-up and modernization of our forces was necessary and was going to be expensive.

Doesn't that fact put the recent election-year rantings and ravings of the Democratic party spokesmen in perspective? And isn't it nice to think for yourself for a change?

Stay tuned.

'One of the responsibilities of a newspaper is to help see that opposing points of view are expressed when it comes to matters of public policy.'

- Sam Adams

Letters To The Editor

Educators Praise Schools Coverage

TO THE EDITOR:

We would like to express our gratitude to The Arlington Advocate for its interest, concern and coverage of Arlington education.

We would like to thank all those involved, with special thanks to Cathy Walters and Anne Marie Reidy.

There are so many exciting and vital activities that are an integral

part of our public schools. It is tremendously rewarding to see these appreciated and publicized in one of the most viable forms of communications, the community newspaper.

Sincerely,
The Executive Board of
the Arlington Education Assn.

Letters Policy

Letters to The Editor are welcome on matters of interest to local readers. Deadline for submission is 4 p.m. on Monday. Letters

should be typed, and limited to 250 words. Names will be withheld upon request. Anonymous letters will not be published.

Praise For Protective Services Depts.' Responses

TO THE EDITOR:

I would like to take this opportunity to publicly commend and thank the Arlington Police and the Arlington Fire Departments for their quick and professional responses to the fire in our home at 4 a.m. on Saturday, July 7. Because of this rapid response, I feel a potential disaster was avoided.

In particular, I would like to thank police officers Donald Brown, Richard McLaughlin, Gary Provino, Jim Allen, and Lt. Gerald Connors.

For fear of omitting a firefighter's name, I would just like to thank all the firefighters of Group 4 under Deputy Charlie Doherty for their determined

efforts in extinguishing the fire. It sure is a comfortable feeling to know that the likes of the men of these departments are right here in the Town of Arlington.

James E. Bray for
The Bray Family
Wollaston ave.

Thanks

TO THE EDITOR:

The family of the late Norman E. MacLean gratefully wishes to acknowledge all the support from the doctors and the nurses of 2 North at Symmes Hospital and, of course, all of our friends during his illness and our time of bereavement.

Natalie M. MacLean

Kirschbaum Family Thanks

TO THE EDITOR:

We would like to express our gratitude to the Rescue Squad of the Arlington Fire Division for their prompt response and kindness, and also to the doctors and medical staff of the Choate-Symmes Hospital emergency room and intensive care

unit for their expertise and attention to our husband and father, Charles Kirschbaum, on June 27. We very much appreciate having such services available.

Sincerely,
Marion A. Kirschbaum
and family

The Arlington Advocate
Established 1872
4 Water Street
Tel. 643-7900
Published Every Thursday
Arlington, MA 02174
Single newsstand copy 50¢. Subscription by mail, in county \$13.00 per year. Out of county, by mail \$21.00 per year.
That people everywhere may better understand the circumstances of public affairs. — Benj. Harris

Century Publications, Inc.

C. Peter Jorgensen Publisher	Catherine Walters Editor	Charles H. Chernov Controller
Kathryn Jorgensen Editor Century Newspapers	Anne Marie Reidy Assistant Editor	Carol Alagero Production Manager
John Wilpers Assistant Publisher Managing Editor	Walter V. Moynihan Sports Editor	Amy Sweeney Staff Photographer
	Mildred Kane Advertising Manager	
	Linda Giffin Advertising Rep.	
	Maureen S. Brotherton Circulation Manager	
	Elizabeth Chapman Circulation Staff	
	Maria Carroll Classified Display Manager	

SMA
Suburban Newspapers
of America

This newspaper assumes no financial responsibility for errors in advertisements, but that part of an advertisement in which an error occurs will be published without charge in the next issue. The advertiser is responsible for prompt notification of errors that occur.

The Arlington Advocate, established 1872, incorporates the Arlington News, established 1915, and the Arlington Press, established 1946.

The Arlington Advocate (USPS 031-900) is published weekly at \$13.00 by Century Publications, Inc., 4 Water St., Arlington, MA 02174. Second class postage paid at Boston, MA. Send address change to The Arlington Advocate, 4 Water St., P.O. Box 129, Arlington, MA 02174.

At The Bottom Of It All

By TERRY MAROTTA

The whole trouble with the human race is we spend too much of our lives sitting down. You don't see all this sitting going on in the animal kingdom; what other of God's creatures spends the kind of time we do plunked on their bottoms?

They stand up to eat, most of them. Some even stand up to sleep. Oh, dogs sit around a lot, sure, but that's because dogs are all deranged by their contact with humanity. They think they're human themselves, poor loony things. It comes of watching too many doggy-snack ads on television, I guess. They've lost all touch with their wild and snarling roots.

You take people, though: people spend more time than can possibly be good for them on their fannies.

As far as I can see, this is a recent development. Cavemen crouched on their haunches to eat and socialize; they clusted round the

children, where all sitting is sharply curtailed, even the kind of leisurely bathroom-sitting protected everywhere else in the world under the accords of the Geneva Convention.

But now I'm a writer, and a writer faces a daily battle with this issue. Sitting is hell on creativity. Your circulation settles in your seat, I'm tempted to say, and your brain slows down to a sleepy first gear. I'd rather prowl the house in search of sentences, or stand at my typewriter like Hemingway used to do. The prowling is dangerous, of course: you're apt to start repairing small appliances or reading the cereal boxes instead of actually producing anything. But it beats sitting strapped in The Chair, awaiting inspiration, while beads of sweat form on your brow.

I read a remark about sitting once, and I've never forgotten it. I found it in this book called "The Anatomy of Melancholy," by someone named Robert Burton. It was written

even stand up to sleep. Oh dogs sit around a lot sure, but that's because dogs are all deranged by their contact with humanity. They think they're human themselves, poor loony things.

almost 400 years ago, so to me it has the ring of truth to it.

What this guy says is that you can catch all kinds of diseases from "overmuch sitting". Gowts, he says, and Catarrhs. Rheums and Vertigo. Gollick, and Winds. You can come down with Bradypepsia, which means lethargic digestion. Or Cachexia, which though it means muddleheadedness, sounds like the sneeze of a cat. You can even contract Crudities, whatever they are.

An impressive litany, if you ask me. No wonder we sedentary moderns aren't amounting to much.

I'm for returning to our haunches, personally.

I can type in a crouch, I'm pretty sure. You bring the mammoth-bones, we'll all have fun.

Great gift idea
A Newspaper
Subscription

Call 643-7900

House of Rogowitz DRAPERY CLEANING SPECIALISTS

1308 Mass. Ave., Arlington

HOUSE OF ROGOWITZ

MEN'S SUITS

2 piece
Cleaned & Pressed
\$4.30

Regular \$4.75 SAVE 45%

This Coupon

Must Accompany Order

Offer Expires 8/1/84

HOUSE OF ROGOWITZ

MEN'S & LADIES

SLACKS

Cleaned & Pressed

\$2.25

Regular \$2.50

SAVE 25%

This Coupon

Must Accompany Order

Offer Expires 8/1/84

Summer Bible Conference August 1-5, 1984

Wed. - 7:30 & Thurs. & Fri. 10:00 & 7:30
Sat. - 3:30, 7:00 & Sun. - 9:30, 10:45, 2:00, 7:00

Children's Meeting During Morning and
Afternoon Sessions
Good Gospel Singing and Special Music
Eight Different Speakers
Nursery Open All Services
Refreshments and Fellowship

CORNERSTONE BAPTIST CHURCH
54 Brighton St., Belmont (489-2498)

Classified Deadline
Tuesday 4 p.m.
Call 729-8100

SAMSONITE - BROWN JORDAN

LOWEST PRICES EVER

Largest Selection of Top Quality Outdoor Furniture

OPEN
EVERY
SUNDAY!

Samsonite
"Z-Z-Z Frame"
5 pc. dining group
48" w/erz, top table
and 4 chairs
Sug. retail \$984⁰⁰
SALE \$639⁰⁰



Samsonite
"Z-Z-Z Frame"
Chaise Lounge
Sug. retail \$288⁰⁰
SALE \$187²⁰
Lounge Chair
Sug. retail \$210⁰⁰
SALE \$136⁵⁰
Ottoman
Sug. retail \$114⁰⁰
SALE \$74¹⁰



High back chair and
ottoman also available
Sug. retail \$375⁰⁰
SALE \$244²⁴

35%
SAVINGS

aquatech

Leisure Living Centers

301 Littleton Rd. (Rt. 110) 45 Pond St. (Rt. 228)
Chelmsford, Ma. 256-7533 Norwell, Ma. 871-4600

Open Weeknights For Your Convenience
Mon.-Fri. 9:30-8:00 Sat. 9:30-5:30 Sun. 11:00-4:00

The Arlington Advocate

Council On Aging

Health Counse ling
July 27, 1 - 2:30, First Baptist
Church Senior Center;
Aug. 1, 9:30 - 11, Winslow Towers;
and
Aug. 3, 1 - 2:30, First Baptist
Church Senior Center.

**Adult Day Health
Center To Open**
Cooperative Elder Services' Adult
Day Health Center, a regional facility
providing day care, nursing,
socialization, and nutrition services
for about 40 frail adults, has finally
found an Arlington home.
On Monday, July 30, the center will
relocate from East Lexington to the
Old Parish at St. Camillus in Ar-
lington Heights, 1155 Concord turn-
pike. The new facility has undergone
extensive renovations to improve ac-
cessibility to the handicapped and
program capability.

The Day Health Center will re-
main at St. Camillus until the Central
School Project is completed (ex-
pected date July 1, 1985), when the
program will be moved into a joint
facility with the Council on Aging and
Arlington Seniors Association's
Senior Center.

The Council on Aging works hand-
in-hand with the Day Center. A
special Open House has been set for
Monday, Aug. 13, from 2 to 4 at the
new facility. The public is invited to
attend the gathering for refreshments
and a tour.

Twenty-five Arlington residents
currently attend from two to five days
per week. Charges are completely
covered for Medicaid recipients, and
a special Scholarship exists to help
Arlington non-Medicaid families and
individuals.

New Lenses Cut Glare
A recent breakthrough in eyeglass
lenses may give symptomatic relief
and improved vision to millions of
older people who suffer from light-
sensitive conditions such as
cataracts, glaucoma, diabetic
retinopathy and macular
degeneration.

Devised by Corning Glass
Works, these special lenses eliminate
glare by filtering the short
wavelengths of energy, (yellow,
orange, and red light) to pass
through. For light-sensitive people,
it is the ultraviolet and blue light that
produces glare. This glare is similar
to what most people would experience
in extremely bright conditions,
such as a white sandy beach on a sun-
ny day.

Light-sensitive people often lead

restricted lives, avoiding everyday
activities such as shopping or visiting
friends, reading or sewing, not
because they cannot see well enough
to do these things, but because "nor-
mal" amounts of light are too
debilitating and uncomfortable for
them. Before the development of
these lenses the only way for light-
sensitive people to reduce glare was
to block out a high percentage of all
light by remaining in darkened rooms
or by wearing very dark glasses.

Corning emphasizes that the
lenses do not cure light-sensitive con-
ditions. They improve vision by im-
proving contrast and reducing glare.
Further information about these
special lenses is available from Cor-
ning Medical Optics, MP 21-2, Cor-
ning Glass Works, Corning, New York,
14831. Anyone who believes these
lenses may be helpful should see his
or her own eye doctor.

Monthly Health Tip

People often overlook the benefits
of simple health habits like drinking
eight glasses of water a day. Jayne
Tapia, director of Visiting Nurse and
Community Health, reports.

All our body cells and organs are
surrounded by fluid, she points out.
Water is the key substance in our
bodies. Having a sufficient amount of
water to drink each day assures that
the body organs function better. It
also gives us healthy skin and hair -
a glow to our appearance.

Arthritis Sufferers

If you are suffering from arthritis,
you should know that a hunk of wood,
foam rubber and wooden dowels in a
variety of sizes can form a "survival
kit" for you.

(1) Insert car or door keys into a
piece of wood with a slot in one end
to make turning the key easier and to
protect the fingers.

(2) Add foam padding to increase
the size of handles of such articles as
a toothbrush, razor, comb and
utensils.

(3) Spare the fingers from difficult

to open refrigerator and cabinet doors
by placing a strap on the handle. To
open, simply place the forearm
through the strap and pull.

(4) Attach a wooden dowel to can
openers to employ the principle of
leverage.

(5) Use a thin rubber sheet to get
a grip on bathroom and kitchen
faucets.

Nutrition and Menu

Winslow Towers, 4 Winslow St. Site
Manager: Marge Scott. Call 646-9511
for reservations. Transportation is
available.

Arlington Heights Baptist Church,
9 Westminster Ave., Arlington
Heights; Site Manager: Sharon
Dulong. Call 648-7500 for reserva-
tions. Transportation is available.

Reservations are necessary.
Menus subject to change without
notice.

Menu

Monday, veal marsala;
Tuesday, lentil soup/crackers;
Wednesday, spaghetti/meatballs;
Thursday, roast turkey/gravy;
and
Friday, crispy fried fish.

Hearing Loss

A hearing loss is a frequent occur-
rence in the normal aging process.
For some it is an annoyance, and for
others it becomes a real handicap.

On Aug. 1, from 10:30 to 12, at the
First Baptist Church Senior Center,
Leslie Heller, audiologist, will talk
about the physical changes that occur
with hearing loss. She'll demonstrate
some new hearing devices that are
small and technologically more effec-
tive than the older models. Ms. Heller
will also be able to test the hearing of
those participating in the discussion
group.

Retired Men's Club To Have Trip To Canada

The Arlington Retired Men's Club
is offering a Scotia Prince Nova
Scotia tour in September.

The trip, which leaves Fidelity
House on Sept. 30, includes an air-
conditioned motorcoach drive to
Portland, Maine, a one night sail on
the M.S. Scotia Prince to Yarmouth,
a motor tour to Digby, a visit to An-
napolis Royal and an overnight stay
at Smith's Cove at Mt. Gap Inn.

The cost of the three-day trip in-
cludes transportation, five meals,
baggage handling, shopping tours,
guided tours, taxes and service
charges.

A \$25 deposit is required before
Aug. 3 with the final payment due by

Sept. 4.
For more information, contact
William McLaughlin of 119 Charlton
st. or John Quigg at 2 Brattle dr.

Rahilly Finishes

Second Lt. Mary R. Rahilly,
daughter of Patricia M. and Maurice
F. Rahilly of 165 Franklin st. has com-
pleted the U.S. Air Force military in-
doctrination for medical service
officers at Sheppard Air Force Base,
Texas.

The course acquaints newly com-
missioned medical personnel with
professional and administrative
responsibilities as Air Force officers.

Auto Rental

20% OFF REGULAR DAILY RENTAL RATES
With this coupon
DOES NOT APPLY TO SPECIAL RATES
SPECIAL WEEKEND DISCOUNTS ALSO AVAILABLE
Expires Sept. 1, 1984

Auto Rental 407 Mystic Avenue,
Medford, MA 02155 **391-3224**

Insurance Rentals Also Available

Are you overlooking a \$35,000 source of credit?



Equity is the difference
between your remaining mortgage
and your home's market value.

And a Home Equity Loan from
Medford Savings is the easiest way
to borrow for college tuition, home
improvements, starting a business,
or for any reason.

We're lending homeowners
up to \$35,000 at only 14½%
(annual percentage rate 14.68%)
plus one point. You even have as
long as 20 years to pay us back.*

And if you don't know how
much equity you've built up, one of
our appraisal specialists will figure
it out for you.

A Medford Savings Home
Equity Loan. Just think of it as
money on the house.

*14½% rate is available only through August 31, 1984.
Rate subject to change at three years.

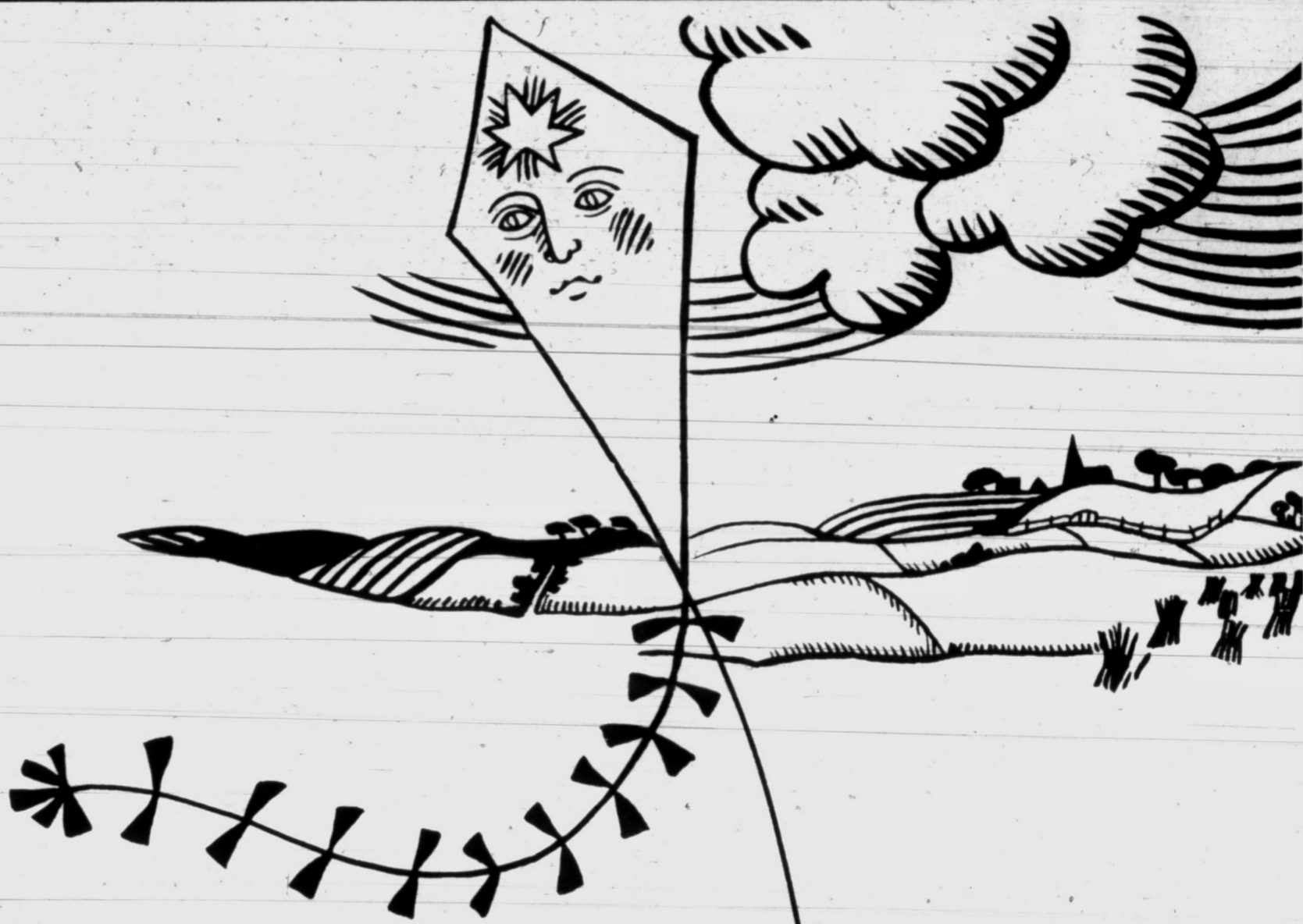
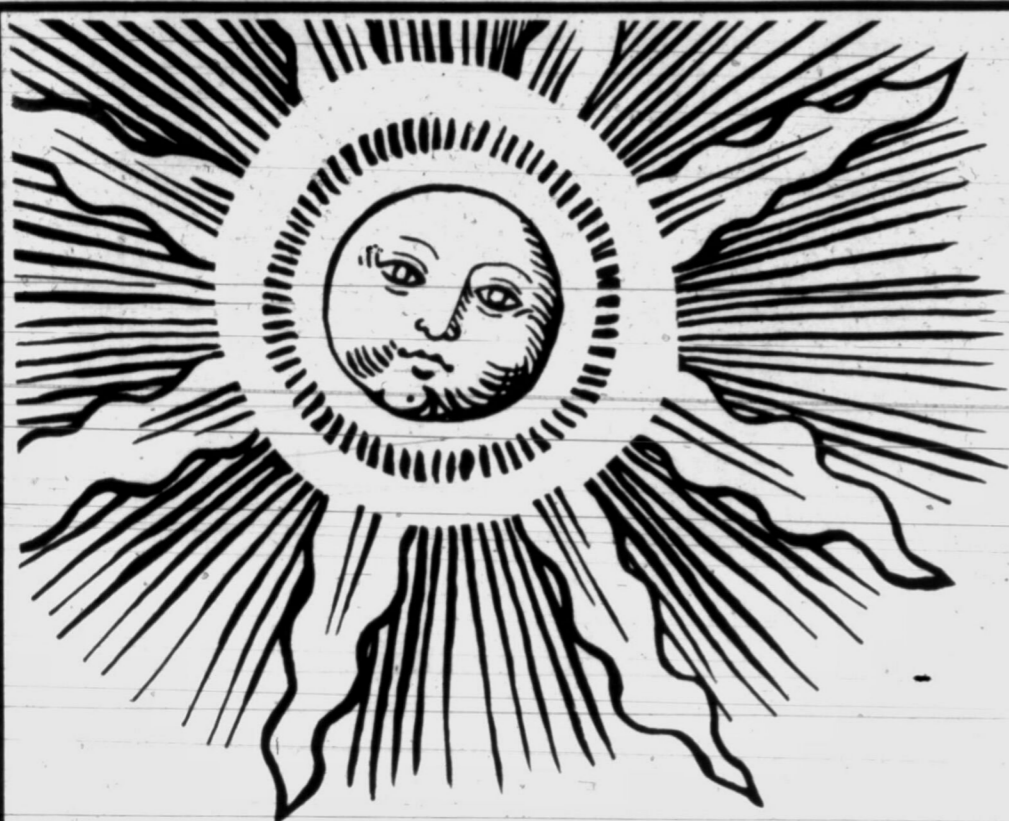
**Medford
Savings Bank**

Member FDIC/DIFM
Telephone 395-7700



ARLINGTON

Chamber of



Bring the entire
family to the second

Arlington Family Picnic!

**Wednesday, August 1,
1984 3-8 p.m.**

Menotomy Rocks Park, off Jason St.

Live Music!

**Breakdancing
Demonstrations!**

**Sack races, prizes for
best grandparents and
best baby in town!**

*And
Much
More!
For All
Ages!*

**Balloons, Clowns
and Contests for
Kids!!**

**Free prizes each half
hour!**

Great food!

Tickets Available: Includes Hot Dog
\$2.00 Adults
\$1.00 Seniors and Under 12
at:
Browne Drug, 201 Mass. Ave.
Regent Cleaners, 13 Medford St.
Menotomy Pharmacy, 1332 Mass. Ave.
Council on Aging, 50 Pleasant St.

Free Senior Shuttle Bus!

2 p.m. Drake Village	5:15 p.m. Mill Street
2:15 p.m. Mill Street	5:30 p.m. Cusack Building
2:30 p.m. Cusack Building	5:45 p.m. Winslow Towers
2:45 p.m. Winslow Towers	6:00 p.m. Browne Drug
3:00 p.m. Browne Drug (East Arl.)	6:15 p.m. Picnic - no more drop offs after
3:15 p.m. Picnic - drop & leave	6:30 p.m. Drake Village - drop off only
3:30 p.m. Drake Village	6:45 p.m. Mill Street - drop off only
3:45 p.m. Mill Street	7:00 p.m. Cusack Building - drop off only
4:00 p.m. Cusack Building	7:15 p.m. Browne Drug - drop off only
4:15 p.m. Winslow Towers	7:30 p.m. Picnic - last bus leaves
4:30 p.m. Browne Drug	
4:45 p.m. Picnic	
5:00 p.m. Drake Village	

*Last pick up is 6 p.m. at Browne Drug. All wishing bus ride home must depart by 7:30 or earlier. If bus is full it will return for additional passengers.

Sponsored by Arlington Chamber of Commerce Members!

Thank You to:
Richard Murray
Leonard Talkov
Kathy Silipante
Wayne Magnuson
Larry Barton

